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### Neutrophil extracellular traps promote ∆Np63+ basal cell hyperplasia in chronic rhinosinusitis

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### **Declaration of interests**

The authors have declared that no conflict of interest exists.

#### ABSTRACT

**Background:** Neutrophil extracellular traps (NETs) are observed in chronic rhinosinusitis (CRS), although their role remains unclear.

**Objective:** This study aimed to investigate the influence of NETs on the CRS epithelium.

**Methods:** Forty-five sinonasal biopsy specimens were immunofluorescence-stained to identify NETs and p63+ basal stem cells. We treated human nasal epithelial cells with NETs and studied them with immunofluorescence staining, western blotting, and quantitative real-time polymerase chain reaction. NET inhibitors were administered to a murine neutrophilic nasal polyp (NP) model.

**Results:** NETs existed in tissues in patients with CRS with NPs, especially in non-eosinophilic NP tissues. p63+ basal cell expression had a positive correlation with the release of NETs. NETs induced the expansion of Ki-67+p63+ cells. We found that  $\Delta$ Np63, an isoform of p63, was mainly expressed in the nasal epithelium and controlled by NETs. Treatment with deoxyribonuclease (DNase) I or Sivelestat (NET inhibitors) prevented the overexpression of  $\Delta$ Np63+ epithelial stem cells and reduced polyp formation.

**Conclusions:** These results reveal that NETs are implicated in CRS pathogenesis via basal cell hyperplasia. Our study suggests a novel possibility of treating CRS by targeting NETs.

### **Key Messages:**

- NETs close to the epithelial cells are observed in patients with CRSwNP.
- NETs induce  $\Delta Np63$ + basal cell expansion and epithelial thickness.
- DNase I and Sivelestat effectively reduce the number of nasal polyps through eliminating NETs.

**Capsule Summary:** NETs cause basal cell hyperplasia in nearby nasal epithelial cells. Targeting NETs can be a novel therapeutic strategy for severe CRS.

Keywords: Chronic rhinosinusitis, neutrophil extracellular traps, hyperplasia,  $\Delta Np63$ , nasal polyps

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### Abbreviations:

ARDS: Acute respiratory distress syndrome

ALI: Air-liquid interface

CitH3: Citrullinated histone H3

CRS: Chronic rhinosinusitis

CRSsNP: Chronic rhinosinusitis without nasal polyps

CRSwNP: Chronic rhinosinusitis with nasal polyps

 $\Delta N$ : N-terminal truncated domain

DEX: Dexamethasone

DNase: Deoxyribonuclease

EDN: Eosinophil-derived neurotoxin

EET: Eosinophil extracellular traps

EMT: Epithelial-to-mesenchymal transition

hNECs: Human nasal epithelial cells

LPS: Lipopolysaccharide

MPO: Myeloperoxidase

NE: Neutrophil elastase

NET: Neutrophil extracellular traps

PMA: Phorbol 12-myristate 13-acetate

ROS: Reactive oxygen species

TA: N-terminal transactivation domain

burnal proprio TGF-β: Transforming growth factor-β

UP: Uncinate process

YAP: Yes-associated protein

### **INTRODUCTION**

Chronic rhinosinusitis (CRS) is a heterogeneous chronic inflammation of the paranasal sinuses and nasal mucosa, affecting around 10% of the population worldwide. CRS can be classified according to the presence of nasal polyps (NP) as CRS without nasal polyps (CRSsNP) and CRS with nasal polyps (CRSwNP). CRSwNP has high recurrence rates and comorbid asthma.<sup>1</sup> The endotypes of CRS are subdivided into eosinophilic and non-eosinophilic CRS.<sup>2</sup> Previously, eosinophilic CRSwNP with type 2 inflammation was well known as a severe type of CRS.<sup>3, 4</sup> However, recent studies have reported that mixed granulocytic endotype, characterized by an increase in both eosinophils and neutrophils, is more prevalent of refractoriness and recurrence.<sup>5-7</sup> In addition, neutrophil extracellular traps (NETs) have been discovered and can exacerbate asthma, COPD and CRS.<sup>8-10</sup> Corticosteroids are typical anti-inflammatory drugs especially suppressing type 2 inflammation and eosinophils, but neutrophils may contribute to resistant to the steroids.<sup>11, 12</sup> Several biologics approved for CRS also targeted type 2 inflammation including interleukin (IL)-4, IL-5, IL-13, and immunoglobulin E.<sup>13, 14</sup> Nonetheless, treatments for neutrophilic inflammation in CRS are limited. Therefore, understanding and targeting neutrophils in upper airway could be an important therapeutic strategy.

Neutrophils form the first line of innate immune defense against pathogens.<sup>15</sup> Neutrophils extrude cytosolic and nuclear proteins and DNA via a conserved cell death process referred to as NETosis. This cell death relies on generating reactive oxygen species (ROS) via the nicotinamide adenine dinucleotide phosphate oxidase.<sup>16</sup> ROS activates peptidyl arginine deiminase 4, an enzyme that citrullinates histones resulting in the decondensation of DNA.<sup>17</sup> In addition, neutrophil elastase (NE) and myeloperoxidase (MPO) translocate from the neutrophil granules into the nucleus by the ROS. NE and MPO in nucleus also dissociate histones and DNA.<sup>18</sup> Thus, extracellular DNA with citrullinated histones and neutrophil granule proteins are used as the marker of NETosis.<sup>19, 20</sup> NETs play a role in immobilizing and killing pathogens, but over-releasing NETs exacerbates various diseases by causing cell damage, inflammation, cell proliferation, or the recruitment of other immune cells.<sup>21</sup> As mentioned above, increasingly many reports have reported observing NETs in CRS.<sup>9, 22</sup> Cao et al.<sup>22</sup> found upregulated LL-37 mRNA and

protein levels in NP tissues and showed that LL-37 induced NET formation. Neutrophilic granules and NETs contain LL-37, potentially facilitating a positive feedback loop in NET release. Several studies have investigated the pro-inflammatory roles of NETs. Cytokine screening was performed in nasal tissue homogenates, and high levels of IL-8, IL-6, tumor necrosis factor- $\alpha$ , and granulocyte colony-stimulating factor were identified in the NET-high cluster.<sup>23</sup> NETs can have diverse influences on the upper airway, but the effect of NETs on the CRS epithelium has not been studied.

Here, we explored the influence of NETs on airway epithelial cells in CRS, and found that NETs existed in abundance near epithelial cells using nasal tissues from CRS patients. It was also shown that NETs can induce basal cell proliferation. This finding was also observed and evaluated in a mouse neutrophilic NP model using NET inhibitors.

### **METHODS**

#### Human subjects

Sinonasal and polyp tissues for staining were collected after obtaining written informed consent with approval from the Institutional Review Board of Seoul Metropolitan Government Seoul National University Boramae Medical Center (No. 06-2012-109). The demographic characteristics of the patients are summarized in Table E1. Sinonasal or polyp tissues were obtained from patients with CRS from functional endoscopic sinus surgery (FESS). The diagnosis of sinusitis or nasal polyposis was determined in subjects with CRS by personal medical history, physical examination, nasal endoscopy, and computed tomography findings of the sinuses following the European position paper on rhinitis and nasal polyps 2020 guidelines.<sup>3</sup> The exclusion criteria were as follows: 1) age younger than 18 years; 2) previous within 4 weeks treatment with antibiotics, systemic or topical corticosteroids; 3) unilateral rhinosinusitis, antrochoanal polyp, allergic fungal sinusitis, cystic fibrosis, or immotile ciliary disease. We acquired uncinate process (UP) from control subjects, patients with CRSsNP and CRSwNP. Control samples were collected from patients without any sinonasal diseases, mucopurulent secretions, or swelling during other rhinologic procedures such as lacrimal duct, orbital decompression, or skull base

surgery.

Samples were fixed in 4% formaldhyde and embedded in paraffin for histologic analysis, and sectioned with 4µm thickness. We classified it as eosinophilic NP when the percent of eosinophils among all immune cells in tissues exceed 10 %.

### Isolation and air-liquid interface culture of primary human nasal epithelial cells

Nasal tissues were sampled after obtaining informed consent with approval from the Institutional Review Board of Seoul National University Boramae Medical Center (No. 10-2020-21). Nasal mucosa from healthy control subjects was treated with 0.1% protease (type XIV) (Sigma, Saint Louis, MO, USA) for 1 hour, after which human nasal epithelial cells (hNECs) were scraped. Cells were washed with Dulbecco modified Eagle medium (DMEM) and cultured with bronchial epithelial cell growth basal medium (BEGM) (Lonza, Basel, Switzerland) with all supplements. Additional materials were described in a previous study.<sup>24</sup> Cells were seeded on a 6.5 mm<sup>2</sup> transwell with 0.4-µm-pore polyester membrane inserts (Corning Inc., Corning, NY, USA) at a density of  $5 \times 10^4$  cells per well. Cells were grown for 2 days in a 1:1 mixture of BEGM and DMEM under submerged conditions. After 2 days, the apical medium was removed to make an air-liquid interface (ALI). The ALI culture system was maintained for 14 days to differentiate epithelial cells. The medium and NETs were changed every other day. For the NET inhibitor study, NETs were pre-incubated with deoxyribonuclease (DNase) I (10 U/mL) (Invitrogen, Waltham, MA, USA) or Sivelestat (10 µM) (Tocris, Bristol, UK) for 1 hour at 37 °C.

#### Neutrophil isolation and NET formation

Human peripheral blood was obtained from healthy donors who were enrolled in an Institutional Review Board approved study at Seoul National University Hospital (1904-041-1024). Blood was collected in EDTA coating tubes and then was isolated for neutrophils using the Easysep direct human neutrophil isolation kit (Stem Cell, Vancouver, Canada). After isolation, neutrophils were suspended in a Roswell Park Memorial Institute Medium 1640 (Welgene, Gyeongsan, Korea) with 1% fetal bovine serum.

For NET formation, human blood neutrophils were seeded on 55 cm<sup>2</sup> polystyrene culture dishes at a density of  $5 \times 10^6$  cells per well and stimulated with 100 nM phorbol 12-myristate 13-acetate (PMA) (Tocris, Bristol, UK) for 3 hours at 37°C. After NET formation, the medium was removed and washed carefully with PBS without Ca<sup>2+</sup> and Mg<sup>2+</sup> to remove PMA. Then, NETs were treated with the AluI restriction enzyme (10 U/mL) (New England Biolabs, Ipswich, MA, USA) in BEGM medium for 30 minutes at 37°C. The NET-containing medium was collected and centrifuged to eliminate cell debris. For NET quantification, the DNA concentration was measured using a Quant-iT Picogreen dsDNA assay kit (Thermo Fisher, Eugene, OR, USA). The hNECs were incubated with NETs at a concentration of 100 ng/mL.

#### Statistical analysis

At least 5 independent experiments were performed. Data points were represented as means  $\pm$  SEM. Differences between groups were assessed by the Wilcoxon signed rank test or the Mann-Whitney U test. Correlations between the 2 groups were analyzed by the Spearman's rank correlation. P values are indicated as: n.s., not significant; \*P<0.05; \*\*P<0.01; \*\*\*P<0.001. Statistics were conducted using SPSS ver. 26.0 (SPSS Inc., Chicago, IL, USA).

Additional methods are reported in the Online Repository.

### RESULTS

### NETotic cells are abundant in patients with CRSwNP

To investigate the existence of NETs by subtypes of CRS, we used human nasal tissues from patients with CRSsNP (UP tissues, n = 11), patients with CRSwNP (UP tissues, n = 9), eosinophilic NP (NP tissues, n = 8), non-eosinophilic NP (NP tissues, n = 10), and healthy control subjects (UP tissues, n = 7) for immunofluorescence staining. NE and citrullinated histone H3 (CitH3) were co-stained, and double-positive cells were counted to quantify NETs (Fig 1, A and B).<sup>20, 25</sup> NETs existed in patients with CRSwNP, and were especially highly present in non-eosinophilic NP tissues. We expected NE- CitH3+ cells to be eosinophil extracellular traps (EETs), so we verified EETs in nasal tissues (Fig E1). Next, we examined the proteins from nasal secretions using LC-MS/MS analysis to estimate extracellular proteins. Nasal secretions were obtained from controls (n = 23), patients with CRSsNP (n = 24), and patients with CRSwNP (n = 22). The CRSwNP group showed higher expressions of NE, MPO (neutrophil granule proteins), histone H2B, and histone H3 (nuclear proteins) (Fig 1, C). The neutrophil granule proteins were positively correlated with histone proteins (Fig 1, D). We divided the patients into two groups based on the median value of eosinophil-derived neurotoxin (EDN): EDN high is considered as eosinophilic, and EDN low as non-eosinophilic (Fig E2). As shown in immunofluorescence results (Fig 1, B), the levels of NE, MPO, and histone H3 were elevated in CRSwNP (EDN low) group compared to control. In addition, CRSwNP (EDN low) group showed a higher tendency of NE, MPO and histone H3 than CRSwNP (EDN high), but a statistical difference was not found. Taken together, patients with CRSwNP had NET-releasing neutrophils.

#### NETs are located adjacent to the nasal epithelium

While exploring NETs in nasal tissues, we found that neutrophils and NETs were located nearby epithelial cells. We measured the distance between NETs and the basement membrane to clarify the proximity of NETs to the epithelium (Fig 2, A). Most NETs were within 50 µm of epithelial cells (Fig 2, B). Furthermore, neutrophils accumulated in the epithelial region and release NETs (Fig 2, A and B). Thus, we expected that neighboring NETs could affect epithelial cells.

#### NET-rich nasal tissues show basal cell hyperplasia

We observed that NET-high tissues seemed to show epithelial thickening. In addition, several studies have revealed that NETs contributed to cell proliferation. In one study, neutrophil proteases contained in NETs (NE and matrix metalloproteinase 9) initiated dormant cancer cell proliferation through laminin cleavage, which activated integrin signaling.<sup>26</sup> Another study indicated that NETs promoted gastric cancer cell proliferation dependent on transforming growth factor- $\beta$  (TGF- $\beta$ ) signaling.<sup>27</sup> According to a single-cell transcriptome analysis, epithelial cell types in NPs showed an increase in basal cells and a decrease in ciliated and glandular cells compared with non-polyp tissues.<sup>28</sup> Thus, we hypothesized NETs affect basal cell proliferation, leading to basal cell hyperplasia. We stained NETs with p63 as a basal cell marker in CRS patients' tissues (Fig 3, *A*). The basal cell layer was correlated with the number of NETs (Fig 3, *B*). Because most of NETs existed in non-eosinophilic NP, we examined the correlation analysis in non-eosinophilic NP tissues (Fig E3, *A* and *B*). Likewise, the number of basal cells had a positive correlation with NETs (Fig 3, *C*). Therefore, NETs may impact basal cell hyperplasia in nasal tissues.

### NETs stimulate basal cell proliferation in primary hNECs

To determine whether NETs induce basal cell expansion in differentiated hNECs, we utilized an ALI culture system. After differentiation, we treated NETs in the lower chamber of a transwell for 4 days (Fig 4, *A*). Then, we performed p63 staining for basal cells and E-cadherin staining to identify the cell structure. We focused on the lateral side of cells to measure the cell thickness (Fig 4, *B*). NETs were associated with a significantly higher number of basal cells and epithelial cell thickness (Fig 4, *C* and *D*). In addition, basal cell number and epithelial cell thickness increased in a time-dependent manner from day 0 to day 8 after the treatment of NETs (Fig E4). Moreover, using Z-stack images, we reconfirmed the thickness of NET-treated hNECs (Fig E5, *A* and *B*). Ki-67, expressing in cycling cells (G1, S, G2, and M phases) but not in resting cells (G0 phase),<sup>29</sup> was stained to assess basal cell proliferation (Fig 4, *E*). The proportion of Ki-67+ p63+ cells was higher in the areas with NETs (Fig 4,

*F*). We also showed Ki-67+ cells at low magnification and counted total cell number (Fig E5, *C* and *D*). There are six major p63 isoforms of p63 due to different promoters, one with the N-terminal transactivation domain (TAp63) and the other lacking the N-terminal transactivation domain ( $\Delta$ Np63), each of which has  $\alpha$ ,  $\beta$ , and  $\gamma$  isoforms as alternative splicing of the C-terminal.<sup>30</sup>  $\Delta$ Np63 is detected in various epithelial tissues such as skin, breast and prostate.<sup>31</sup> Olfactory epithelium<sup>32</sup> and nasal epithelium<sup>33</sup> also contain  $\Delta$ Np63, but TAp63 is expressed in some bronchiolar epithelial cells<sup>34</sup> and skin-derived precursors.<sup>35</sup> To elucidate which isoform of p63 is present in hNECs, TAp63 and  $\Delta$ Np63 mRNA levels were measured (Fig 4, *G*). We established that  $\Delta$ Np63 is the major isoform of hNECs. Next, we carried out western blotting to determine which C-terminal domain of  $\Delta$ Np63 is regulated by NETs (Fig 4, *H*). As a result, all isoforms of  $\Delta$ Np63 ( $\alpha$ ,  $\beta$ , and  $\gamma$ ) were upregulated by NETs (Fig 4, *I*). These data suggest that NETs promote  $\Delta$ Np63+ basal cell proliferation, resulting in epithelial thickening.

### NET inhibitors prevent polyp formation in a murine neutrophilic polyp model

To confirm whether NET-induced basal cell proliferation has an effect on the pathogenesis of CRSwNP, we investigated a mouse neutrophilic polyp model. In our previous study, we established mouse neutrophilic NP models.<sup>36</sup> In this study, we used a lipopolysaccharide (LPS)-mediated neutrophilic NP model because it revealed the highest degree of neutrophil infiltration. To evaluate the role of NET inhibition, we used DNase I (coated on nanoparticles) and Sivelestat (a NE inhibitor). DNase I degrades NETs structurally. Sivelestat blocks NE, which is crucial for NET formation.<sup>37</sup> Dexamethasone (DEX) is a type of corticosteroid that is used to reduce inflammation. We added DEX treated group for positive control as a conventional treatment.<sup>38,41</sup> Sivelestat and DEX blocked polyp formation efficiently (Fig 5, *A*). The DNase I treated group was not significantly different in polyp formation, but the mean number of polyps decreased by around half (Fig 5, *B* and *C*). Next, we quantified the number of neutrophils and NETs. Sivelestat inhibited neutrophil infiltration and NET formation as much as

DEX (Fig 5, *D*, *E* and *F*). Altogether, NET inhibitors reduced nasal polypoid lesions and neutrophilic inflammation.

#### Inhibition of NETs suppresses basal cell expansion in the mice tissues

Based on our histologic results in humans, we sought to identify whether basal cell hyperplasia was also observed in the mouse NP model. The neutrophilic NP model showed a markedly higher level of p63 and  $\Delta$ Np63+ epithelial cells (Fig 6, *A* and *C*). We also assessed the role of NET inhibitors in regulating p63 and  $\Delta$ Np63 *in vivo*. Consistent with NETs, the overexpression of  $\Delta$ Np63+ basal cells decreased in response to Sivelestat. DNase I and DEX also prevented p63+ basal cell hyperplasia, although the number of  $\Delta$ Np63+ cells was not significantly different (Fig 6, *B* and *D*). NET inhibitors also decreased the expression of goblet cells and cosinophil infiltration (Fig E6, *A* and *B*). Last, we evaluated the impact of NET inhibitors on hNECs. DNase I or Sivelestat were pre-incubated with NETs for 1 hour before treating the NETs in hNECs for 4 days (Fig 6, *E*). DNase I and Sivelestat restored the number of p63+ cells and epithelial thickness, although Sivelestat did not lead to a significant decrease in epithelial thickness (Fig 6, *F* and *G*). Consequently, NETs influenced basal cell growth, and repression of NETs alleviated NP formation.

### DISCUSSION

In this study, we found that NETs were located adjacent to the basement membrane and epithelial cell layer. We observed that NETs were correlated with basal cell hyperplasia and identified NETs as a key regulator of basal cell proliferation. The LPS-induced neutrophilic NP mouse model showed ectopic expression of basal cells, which was alleviated in response to treatment with NET inhibitors. Moreover, NET inhibitors markedly prevented polyp formation. Interestingly, the administration of Sivelestat was more effective than steroid treatment for reducing polyp formation (Fig 5, *B*). Taken together, inhibiting NETs can be a novel therapeutic for neutrophilic airway diseases.

Sivelestat inhibits the activity of NE, which translocates into the nucleus and stimulates the decondensation of chromatin by proteolytic activity. Sivelestat has been approved in Korea and Japan for the treatment of acute respiratory distress syndrome (ARDS).<sup>42</sup> Moreover, there are diverse NE inhibitors under clinical trials for chronic obstructive pulmonary disease, cystic fibrosis, ARDS, COVID-19, and bronchiectasis.<sup>43</sup> Based on our results, we expect Sivelestat to be clinically meaningful in upper airway diseases. DNase I (dornase alfa, Pulmozyme) was approved by the US Food and Drug Administration in 1993 for the treatment of cystic fibrosis.<sup>44</sup> DNase I has also been used to treat other respiratory conditions, including bronchiolitis, although it did not improve clinical outcomes.<sup>45</sup> Because DNase I degrades extracellular DNA after NET formation, it may fail to clear all of the NET components. We previously reported that PLGA nanoparticles remained present at 21 hours in sinonasal cavity and enhanced the activity of resveratrol.<sup>46</sup> Thus, we used DNase I-coated PLGA nanoparticles to prolong the maintenance of DNase I in the nasal cavity. In our in vivo experiment, DEX exhibited a therapeutic effect somewhat. This is probably because our mouse model did not have simply neutrophilic inflammation but rather neutrophilic one combined with eosinophilic inflammation. We have previously used the OVA+SEB, which serves as an eosinophilic NP model.<sup>39,47,48</sup> To enhance neutrophil infiltration, we additionally treated LPS and evaluated them in our previous trial.<sup>36</sup> Nevertheless, this neutrophilic NP model still exhibited substantial eosinophil infiltration (Fig E6, B), indicating that DEX would have had some effect. One study reported that S. aureus-induced NETs suppressed by DEX,<sup>49</sup> but in most cases, DEX did not directly inhibit NET formation.<sup>50, 51</sup> Despite this, animal experiments showed that DEX reduced NETs in bronchoalveolar lavage fluid.<sup>52, 53</sup> Consistently, patients with daily inhaled corticosteroids had lower plasma NET levels than those without in chronic lung diseases.<sup>54</sup> Overall, steroids may indirectly inhibit NET formation.

Epithelial hyperplasia is one of the hallmarks of epithelial cells in CRS patients. Studies have found that epithelial hyperplasia is present in around 74% of patients with CRSwNP.<sup>55, 56</sup> Kaneko et al.<sup>33</sup> showed that p63 and  $\Delta$ Np63 levels were elevated in nasal tissues from patients with CRS, and the inhibition of p63 and  $\Delta$ Np63 recovered tight junctions and cilia in hNECs.  $\Delta$ Np63 is expressed in

bronchial,<sup>57</sup> olfactory,<sup>58</sup> and nasal epithelium.<sup>33</sup> It was known that ΔNp63 could control: 1) proliferation; 2) fate specification; 3) morphogenesis and differentiation; 4) senescence; 5) cell-cell, cell-matrix interaction; and 6) survival and activities of epithelial stem cells or progenitor cells.<sup>59, 60</sup> A histological analysis defined the upregulation of p63 and ΔNp63 in CRS, and the inhibition of p63 and ΔNp63 reinforced epithelial barrier functions with ciliogenesis in hNECs.<sup>33</sup> In agreement with this, the overexpression of p63+ basal cells was found to be accompanied by reduced quantities of ciliated and secretory cells in single-cell RNA sequencing data analysis.<sup>28</sup> Hence, basal cell hyperplasia is deleterious to airway epithelial function. One particular point of curiosity is the variability in the expression of ΔNp63 c-terminals among patients (Fig 4, *H*). There are few studies on p63 C-terminal isoforms but the effect of ΔNp63α on cell senescence an aging has been reported.<sup>61, 62</sup> Therefore, we observed ΔNp63 in control patients in the order of age (Fig E7). Interestingly, 19 and 27 aged patients highly expressed ΔNp63α, whereas 64 and 71 aged patients predominantly expressed ΔNp63β and ΔNp63γ. It is consistent with previous studies that the loss of ΔNp63α induces proliferative cell senescence.

Beyond cell proliferation, NETs could play other roles in respiratory epithelium. Recent studies have reported that NETs can induce not only type 3 immune responses, but also type 2 immunity.<sup>63, 64</sup> DNA released by NETs exacerbated rhinovirus-induced type 2 immune responses in allergic asthma.<sup>63</sup> Radermecker et al.<sup>64</sup> found that CXCR4-high neutrophils released NETs in allergic asthma, and the inhibition of NETs decreased IL-5, IL-4, and IL-13. Thus, the suppression of NETs may be effective at reducing type 2 inflammation in the upper airway. NETs are also among the main inducers of epithelial-to-mesenchymal transition (EMT), which refers to the loss of tight junctions and epithelial polarity and the emergence of mesenchymal cell features.<sup>65</sup> NETs' role in the EMT has been studied in cancers<sup>66, 67</sup> and COVID-19.<sup>68</sup> Diverse investigations have established the importance of the EMT in CRS. IFN- $\gamma$  increased EMT markers in hNECs via p38, ERK signaling pathway.<sup>24</sup> Air pollutants are also key factors in promoting the EMT. Cigarette smoke was found to induce the EMT through TGF- $\beta$  activation.<sup>69</sup> Disel exhaust particles also promoted EMT by inducting the zinc finger E-box binding homeobox 2

transcription factor.<sup>70</sup> These studies imply that NETs may also exacerbate CRS through the EMT. Therefore, further research on the effects of NETs in the upper airway will be needed.

This study has several limitations. First, various stimuli trigger NET formation, but the main inducer of NETs in the respiratory tract remains unclear. Second, the small number of participants is also a limitation. Third, the molecular mechanisms of NET-derived p63 amplification need future research. Although it was not confirmed in this study, several signaling pathways activated by NETs are linked with basal cell proliferation factors. Zhao et al.<sup>71</sup> discovered that Yes-associated protein (YAP) regulates pseudostratified epithelium through physical interactions with p63, the cardinal transcription factor of basal stem cells. Consistent with the study, nuclear YAP was observed in nasal tissues with basal cell hyperplasia.<sup>72</sup> Another candidate as a signaling pathway is Wnt/ $\beta$ -catenin.  $\Delta$ Np63-mediated Wnt/ $\beta$ -catenin signaling activation leads to basal cell expansion, whereas the proportion of ciliated and club cells was decreased by inhibiting differentiation in respiratory epithelial cells.<sup>73</sup> NE cleaves the junctional protein VE-cadherin, causing the endothelial-to-mesenchymal transition via  $\beta$ -catenin signaling.<sup>74</sup> Accordingly, NET-activating  $\beta$ -catenin might promote  $\Delta$ Np63+ cells.

In conclusion, our study suggests that NETs may induce basal cell proliferation via upregulating  $\Delta$ Np63 positivity and may contribute to NP formation in CRS. Considering that the inhibition of NETs *in vivo* sufficiently decreased  $\Delta$ Np63 overexpression and subsequent nasal polypogenesis, targeting NETs could be a novel therapeutic strategy in CRS and NP.

#### Author's contributions

Conceptualization: H.-W. S.; methodology: S.L., R.K., Y.Y.L., Y.S.K., M.L., N.K.L., S.-N.L., C.G.P.; investigation: S.L., R.K., Y.S.K., H.-W.S.; animal experiments: S.L., R.K.; formal analysis and interpretation of data: S.L., H.-W.S.; resources: D.-W.K., Y.B.C, C.G.P.; writing – original draft: S.L.; writing – review and editing: S.L., D.-W.K., H.-W.S.; supervision: H.-W.S.; funding acquisition: H.-W.S.

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#### **FIGURE LEGENDS**

FIG 1. Presence of NETs in nasal tissues and nasal fluid from patients with CRS. A, Immunofluorescence staining of human nasal tissues for NETs. NE (red), CitH3 (green), and DAPI (blue). White arrows indicate NETs. Yellow arrows indicate intact neutrophils. **B**, Quantification of NE+ CitH3+ NET cells. Quantification data of NETs photographed at ×400 magnification. Scale bar = 20  $\mu$ m. C, Protein intensity of NET components in nasal secretions. **B** and C, Data are presented as mean  $\pm$  SEM. Mann-Whitney U test. *n.s.*, not significant, \*P<0.05, \*\*P<0.01, \*\*\*P<0.001. **D**, Correlation of neutrophil granule protein intensity and extracellular histone intensity. Spearman correlation test.

FIG 2. Location of NETs in human nasal tissues. A, Representative immunofluorescence images of NETs in nasal tissue. White bidirectional arrows indicate the distance from NETs in subepithelium to the basement membrane. Yellow bidirectional arrow indicates the distance from NETs in epithelium to the basement membrane. B, Measurement of the NETs' location from the basement membrane. Scale  $bar = 20 \mu m$ .

FIG 3. NET levels were correlated with p63+ basal cell expression. A, Representative immunofluorescence images of p63 (white), NE (red), and CitH3 (green) in human nasal tissues. Quantification data of NETs, basal cells, and basal cell layers photographed at ×200 magnification. B, Correlation of the basal cell layers and the number of NETs. C, Correlation of the number of basal cells and the number of NETs. The number of basal cells and NETs were counted per high-power field. Scale bar = 50  $\mu$ m. Spearman correlation test.

**FIG 4.** NETs promote an increase of p63+ basal cells. **A**, Scheme of NET treatment in air-liquid interface-cultured hNECs. **B**, Representative immunofluorescence micrographs of p63 (white) and E-

cadherin (green) expression in hNECs. Scale bars = 50  $\mu$ m. C and D, Quantification of p63+ cells and cell thickness (n = 5). E, Representative immunofluorescence images of Ki-67 (green) and p63 (red) in hNECs. Scale bars = 50  $\mu$ m. F, Quantification of Ki-67+ p63+ cells (n = 5). G, Relative TAp63 and  $\Delta$ Np63 mRNA expression in hNECs. H, Representative immunoblots of  $\Delta$ Np63 isoforms. I, Protein intensity was measured using ImageJ (n = 10). Scale bars = 50  $\mu$ m. All data are presented as mean  $\pm$  SEM. Paired Wilcoxon signed-rank test. \**P*<0.05, \*\**P*<0.01.

FIG 5. NETs exist at high levels in a neutrophilic NP murine model. A, Schematic diagram of the neutrophilic NP model. B, Representative H&E staining images of the nasal cavity. Scale bar = 1000  $\mu$ m. Areas indicated with squares are shown as magnified images. Scale bar = 200 $\mu$ m. C, Numbers of nasal polypoid lesions. D, Representative immunofluorescence images of NETs in mouse nasal tissues. MPO (red), CitH3 (green). Scale bar = 50  $\mu$ m. E, Numbers of infiltrated neutrophils. F, Numbers of NETs. Data are presented as mean  $\pm$  SEM. Mann-Whitney U test. *n.s.*, not significant, \**P*<0.05, \*\**P*<0.01.

FIG 6. NET inhibitors attenuate basal cell hyperplasia in an *in vivo* and *ex vivo*. Immunohistochemical staining images of **A**, p63 and **C**,  $\Delta$ Np63 in mouse nasal tissues. Representative images photographed at ×1000 magnification. Scale bar = 50 µm. **B** and **D**, Positive cells in the epithelium were counted per HPF (×400 magnification). Data are presented as mean ± SEM. Mann-Whitney *U* test. **E**, Representative immunofluorescence micrographs of p63 (white) and E-cadherin (green) in hNECs. Scale bars = 50 µm. **F** and **G**, Quantification of p63+ cells and cell thickness (n = 6). Data are presented as mean ± SEM. Paired Wilcoxon signed-rank test. *n.s.*, not significant, \**P*<0.05, \*\**P*<0.01.





### Lim et al, Fig 2



Distance between NET and basement membrane (µm)





Lim et al, Fig 3





Lim et al, Fig 6



1 The Journal of Allergy and Clinical Immunology 2 3 **Online supplement** 4 Neutrophil extracellular traps promote  $\Delta Np63$ + basal cell hyperplasia in chronic rhinosinusitis 5 6 Authors: Suha Lim, BSc,<sup>1,2,3</sup> Roza Khalmuratova, MD, PhD,<sup>1</sup> Yun Young Lee, BSc,<sup>6</sup> Yi Sook Kim, 7 BSc,<sup>1,2,3</sup> Mingyu Lee, PhD,<sup>1,2,3,11</sup> Na Kyeong Lee, BSc,<sup>7,8</sup> Se-Na Kim, PhD,<sup>9</sup> Young Bin Choy, PhD,<sup>6</sup> 8 Chun Gwon Park, PhD,<sup>7,8</sup> Dae Woo Kim,<sup>5,10</sup> and Hyun-Woo Shin, MD, PhD<sup>1,2,3,4.5</sup>\* 9 10 Johnaldre 11

#### 12 Online Repository Methods

#### 13 Immunofluorescence and immunohistochemistry staining

14 Cells were fixed with 4% paraformaldehyde for 10 minutes and permeabilized with Triton X-100 (PBS + 0.5% Triton X-100) for 30 minutes at 37°C. Tissue sections were deparaffinized and rehydrated, 15 16 and then heat-induced epitope retrieval was then performed by autoclaving at 121°C for 10 minutes in 17 100 mM citrate buffer (pH 6.0) (Dako, Santa Clara, CA, USA). Tissues were treated with 3% hydrogen 18 peroxide in methanol for 10 minutes. Then, cells or tissues were blocked with 3% bovine serum albumin 19 in PBS for 1 hour at room temperature (RT). The slides were incubated with primary antibodies, including anti-neutrophil elastase (NE; Novus, Centennial, CO, USA), anti-citrullinated histone H3 20 21 (CitH3; Novus, Centennial, CO, USA), eosinophil major basic protein (EMBP; Santa Clara, CA, USA), 22 anti-p63 (R&D, McKinley Place NE, MN, USA), anti-p63 (Abcam, Cambridge, UK), anti-ΔNp63 23 (Biolegend, San Diego, CA, USA), anti-E-cadherin (E-cad; Cell Signaling, Danvers, MA, USA), anti-24 Ki67 (Novus, Centennial, CO, USA), and anti-myeloperoxidase (MPO; R&D, Minneapolis, MN, USA) 25 at 4°C overnight. For immunofluorescence, this was followed by incubation with secondary antibodies 26 for 1 hour at RT. Antibodies were diluted in blocking buffer, as delineated in detail in Table E2. After 27 that, slides were stained with 4',6-diamidino-2-phenylindole dihydrochloride (DAPI; Sigma, Saint 28 Louis, MO, USA) for 10 minutes. For mounting on slides, we used mounting medium (Dako, Santa 29 Clara, CA, USA) and covered the slides with a cover glass. Images were analyzed using a confocal 30 microscope (LSM 700, Carl Zeiss Microscopy, Göttingen, Germany).

For immunohistochemistry (IHC), tissue samples were stained with a Polink-2 plus HRP Broad kit with DAB (Origene, Rockville, MD, USA) on day 2. Sections were counterstained with Gill's hematoxylin for 3 minutes and dehydrated using ethanol and xylene and covered with Permount mounting medium (Fisher Scientific, Hampton, NH, USA).

To observe the side aspect of hNECs on transwell, we cut the inserts and conducted cryosectioning. Cells were fixed with 4% paraformaldehyde for 10 minutes at RT. We cut the inserts and the inserts were incubated with 30% sucrose (in PBS) at 4°C overnight. The next day, the inserts were incubated with 30% sucrose : OCT (Sakura, Tokyo, Japan) = 1 : 1 solution for 1 hour at RT. Fill the molds with
OCT and place the inserts into OCT. Freeze with dry ice and store at -80°C. The OCT blocks
cryosectioned into 10µm sections.

- 41

### 42 LC-MS/MS analysis from nasal secretions

43 The preparation of nasal secretions and liquid chromatography-mass spectrometry (LC-MS/MS) analysis were performed as described in a previous study.<sup>1</sup> Briefly, 100 µL of nasal secretion was 44 45 centrifuged at 15,000 rpm for 10 minutes at 4°C. The protein concentration was measured by tryprophan fluorescence and 50 µg of nasal proteins was used per sample. Proteins were digested using the 2-step 46 FASP procedure, and pellets were resuspended in SDT buffer (2% SDS, 10mM TCEP, and 50mM CAA 47 in 0.1M Tris pH 8.0). The buffer was exchanged to UA solution (8M urea in 0.1M Tris pH 8.5) and then 48 49 to 40mM ammonium bicarbonate (ABC) buffer. We performed first digestion using trypsin/LysC 50 mixture at 37°C overnight and second digestion using trypsin at 37°C for 2 hours. The peptides were acidified by 10% trifluoroacetic acid and desalted using C18-StageTips as previously reported.<sup>2</sup> The 51 52 peptides were dried by vacuum dryer and stored at -80°C. LC-MS/MS was analyzed using a Q-exactive 53 plus (Thermo Fisher Scientific, Waltham, MA, USA) followed by an Ultimate 3000 RSLC system 54 (Dionex, Sunnyvale, CA, USA). We dissolved the dried peptides in solvent A (2% acetonitrile and 0.1% 55 formic acid) and ran with a gradient from 8% to 30% in solvent B (80% acetonitrile and 0.1% formic 56 acid) for 90 minutes. The spray voltage was 2.0 kV in the positive ion mode and heated capillary was 57 320°C. Centroid data were acquired over an m/z range of 400-1,200. We selected neutrophil-specific proteins and histone proteins, which are the most abundant in this data. 58

59

### 60 Quantitative reverse transcription polymerase chain reaction

Total RNA was extracted from ALI-cultured hNECs using RNeasy Micro kit (Qiagen, Valencia,
CA, USA). cDNA was synthesized by 1 μg of RNA using Tetro cDNA synthesis kit (Bioline, London,

UK), and qPCR was performed with SYBR Green Polymerase Chain Reaction Master Mix 63 (Enzynomics, Daejeon, Korea) following the manufacturer's instructions. Primer sequences were as 64 65 follows: 5'-AAGATGGTGCGACAAACAAG-3' and 5'-AGAGAGCATCGAAGGTGGAG-3' for 66 TAp63, 5'-GGAAAACAATGCCCAGACTC-3' and 5'-GTGGAATACGTCCAGGTGGC-3' for 5'-GGATTTGGTCGTATTGGG-3' 5'-GGAAGATGGTGATGGGATT-3' 67  $\Delta Np63$ , and for housekeeping gene GAPDH. 68

69

### 70 Western blotting

Cell lysates were electrophoresed on 10% sodium dodecyl sulfate polyacrylamide gel and 71 72 transferred to polyvinylidene difluoride membrane (Immobilon-P) (Millipore, Bedford, MA, USA). The 73 membranes were blocked an hour at RT with 5% skim milk in Tris-buffered saline with Tween 20 74 (0.05%) and incubated with the primary antibodies including anti- $\Delta Np63$  (Biolegend, San Diego, CA, USA) and GAPDH (Santa Cruz Biotechnology, Santa Cruz, CA, USA) at 4°C overnight. Detailed 75 descriptions are listed in Table E2. The membranes were incubated for 1 hour at RT with horseradish 76 77 peroxidase-conjugated secondary antibodies in blocking solution. After that, the membranes were 78 visualized by Luminata western HRP chemiluminescence substrate (Millipore, Billerica, MA, USA) or 79 ECL reaction kit (GE Healthcare, San Diego, CA, USA). Densitometric analysis of blots were 80 quantified using ImageJ software (NIH Image processing analysis, <u>http://rsb.info.nih.gov/ij/</u>).

81

#### 82 Murine neutrophilic nasal polyp model

All animal experiments were approved by the Institutional Animal Care and Use Committee of
Seoul National University (SNU-210705-8-1). Male BALB/c mice, aged 4 weeks, were immunized
with an intraperitoneal injection of 25 µg of ovalbumin (OVA; Sigma, Saint Louis, MO, USA) and 20
µg of lipopolysaccharide (LPS; Sigma, Saint Louis, MO, USA) in 2 mg of aluminum hydroxide gel
(Thermo Fisher Scientific, Rockford, IL, USA) on days 0 and 5, followed by a daily intranasal

instillation from day 12 to 19 with 3% OVA diluted in 40  $\mu$ L of PBS (n = 20). Negative control mice 88 89 were challenged by intraperitoneal injection and intranasal administration of PBS (n = 5). Prolonged 90 continuous inflammation was maintained in the experimental mice by the subsequent nasal exposure to 91 3% OVA and LPS three times a week for 12 consecutive weeks. In addition to 3% OVA, all groups of mice were challenged on a weekly basis with 500 ng of staphylococcal enterotoxin B (SEB; List 92 93 Biological Laboratories, Campbell, CA, USA) from day 47 to 102. The mice were subdivided into five 94 groups: PBS (group A, negative control; n = 5); LPS + vehicle (group B, NP control; n = 5); LPS + 95 DNase I (nanoparticles) (group C, NP + NET inhibitor; n = 5); LPS + Sivelestat (group D, NP + NET inhibitor; n = 5); and LPS + dexame has one (DEX) (group E, NP + steroid, once per week; n = 5) from 96 day 47 to 102. Group A was challenged by intranasal administration of 40 µL of PBS. Groups B-E were 97 challenged intranasally with 50 µL of LPS diluted in 40 µL of PBS. Group C additionally received 100 98 U of DNase I diluted in 40 µL of PBS. We used DNase I-coated PLGA nanoparticles to improve the 99 100 stability of DNase I. The method for DNase I-coated PLGA nanoparticles is further described below. 101 Group D was challenged with an intraperitoneal injection of 200 µg of Sivelestat. Group E was treated with intraperitoneal injection of 1 mg/kg DEX. The mice were sacrificed 24 hours after the last 102 103 intranasal administration. The sinonasal specimens were collected and processed according to previously described methods.<sup>3</sup> 104

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### 106 Preparation of DNase I-coated PLGA nanoparticles

DNase I (Roche, Basel, Switzerland)-coated PLGA nanoparticles were prepared as previously described.<sup>4</sup> The primary nanoparticles were prepared with PLGA (Durect Corporation, AL, USA), an FDA-approved polymer, via the conventional single emulsification method. To prepare bare nanoparticles, 200 mg of PLGA was dissolved in 5 mL of dichloromethane (DCM) and then poured into a 10 mL solution of 1% polyvinyl alcohol (Sigma, Saint Louis, MO, USA). The resulting polymer solution was sonicated for 10 minutes at 40% amplitude with 1 second on and 1 second off using a Q700 sonicator (Qsonica LLC, Newtown, CT, USA). The prepared emulsions were poured into 5 mL

of deionized water and residual DCM was allowed to evaporate overnight at room temperature with 114 115 magnetic stirring. The PLGA nanoparticles (200 mg) were resuspended in 10 mL of 10 mM, pH 8.5 116 Tris buffer and coated with a bio-adhesive made of polydopamine (Sigma, Saint Louis, MO, USA) (100 mg of dopamine in 1 mL of water) with vigorous stirring at 4°C for 3 hours. The bio-adhesive 117 nanoparticles were collected by centrifugation at 17,000 rpm for 20 minutes, resuspended in 5 mL of 118 119 Tris buffer (10 mM, pH 8.5) containing 50 mg DNase I and 50 mg polyethylene glycol, and stirred at 4 °C for 3 hours. The resulting DNase I-coated nanoparticles were then collected and washed with 120 distilled water to prepare DNase I-coated PLGA nanoparticles. 121

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### 124 Supplemental Figure Legends

FIG E1. Presence of EETs in nasal tissues from patients with CRS. A, Immunofluorescence images of eosinophil major basic protein (EMBP) (red), CitH3 (green), and DAPI (blue). White arrows indicate EETs. Yellow arrow indicates intact eosinophil. **B**, Quantification of EMBP+ CitH3+ EET cells. Quantification data of EETs photographed at ×400 magnification. Scale bar = 20  $\mu$ m. Data are presented as mean ± SEM. Mann-Whitney *U* test. *n.s.*, not significant, \**P*<0.05, \*\**P*<0.01, \*\*\**P*<0.001.

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FIG E2. NET proteins in nasal secretions classified by CRS endotype. CRS patients were categorized into EDN high and EDN low to the median EDN value. CRSsNP (EDN high) (n = 12), CRSsNP (EDN low) (n = 12), CRSwNP (EDN high) (n = 11), CRSwNP (EDN low) (n = 11). Protein intensity of NET components in nasal secretions. Data are presented as mean  $\pm$  SEM. Mann-Whitney *U* test. *n.s.*, \**P*<0.05, \*\**P*<0.01.

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FIG E3. NET levels were associated with basal cell hyperplasia in non-eosinophilic NP. A, Correlation
of the basal cell layers and the number of NETs in non-eosinophilic NP tissues. B, Correlation of the
number of basal cells and the number of NETs in non-eosinophilic NP tissues. Spearman correlation
test.

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FIG E4. NETs increase p63+ basal cells and epithelial thickness time-dependently. A, hNECs treated with NETs for the indicated time. p63 (white) and E-cadherin (green). Scale bars = 50  $\mu$ m. B and C, Quantification of p63+ cells and cell thickness (n = 6). Data are presented as mean  $\pm$  SEM. Paired Wilcoxon signed-rank test. *n.s.*, not significant, \**P*<0.05.

147	FIG E5. NETs induce abnormal epithelial cell thickness. A, Representative Z-stack images with DAPI
148	staining of hNECs. <b>B</b> , Measurement of height of the DAPI positive area. Scale bar = $20 \mu m$ . <b>C</b> , Ki-67
149	(green) positive cells increased by NETs (×100 magnification). Scale bar = 50 $\mu$ m. <b>D</b> , Total cell count
150	using a hemocytometer. <b>B</b> and <b>D</b> , Data are presented as mean $\pm$ SEM. Paired Wilcoxon signed-rank test.
151	* <i>P</i> <0.05.

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FIG E6. Goblet cells and eosinophils in neutrophilic NP mouse model tissues. A, Representative PAS
staining (goblet cells) images. B, Representative Sirius red staining (eosinophils) images. Scale bar =
100 μm.

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157 **FIG E7.** Age information of eight control patients and immunoblots of  $\Delta$ Np63 isoforms.

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174	Table E1.	Patient	characteristics
	Indic LI	1 attent	character istics

	Control	CRSsNP		CRSwNP	
Total no. of subjects	N = 27	N = 11	N = 9	N = 8	N = 10
Tissue used	UP	UP	UP	Eosinophilic NP	Non- eosinophilic NP
Age (yr)	40.2	44.3	49.6	56.3	50
Asthma, N	0	3/11 (27.2%)	2/7 (28.6%)	0	0
Aspirin intolerance	0	1/11 (9%)	0	0	0
Nasal steroid	12/27 (44.4%)	4/11 (36.3%)	0	1/8 (12.5%)	2/10 (20%)
Oral steroid	1/27 (3.7%)	1/11 (9%)	1/9 (11.1%)	0	2/10 (20%)
Lund-Mackay CT score	1.6	6.8	11.3	10.1	11.6
Blood eosinophil number (/mm <sup>3</sup> )	144.9	282.5	383.2	338.5	182.8
Methodologies used					
Tissue IF	N = 7	N = 11	N = 9	N = 8	N = 10
ALI epithelial culture	N = 20	N = 0	N = 0	N = 0	N = 0

*CRSsNP* chronic rhinosinusitis without nasal polyp, *CRSwNP* chronic rhinosinusitis with nasal polyp, *UP* uncinate process, *NP* nasal polyp, *CT* computed tomography, *IF* immunofluorescence, *ALI* air-liquid interface

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# 177 Table E2. Antibody list

Antibody	Cat No.	Vender	Application
E-cadherin (24E10)	3195s	Cell signaling	IF, 1:200
р63	AF1916	R&D	IF, 1:100
p63 (EPR5701)	ab214790	abcam	IHC, 1:100
ΔNp63	619002	Biolegend	WB, 1:1000 IHC, 1:100
GAPDH	sc-47724	Santa Cruz	WB, 1:4000
NE (NP57)	NBP2-50529	Novus	IF, 1:200
MPO	AF3667	R&D	IF, 1:400
CitH3	NB100-57135	Novus	IF, 1:200
Ki-67 (8D5)	NBP2-22112	Novus	IF, 1:100
EMBP (F-6)	sc-365701	Santa Cruz	IF, 1:200
Alexa 488-conjugated rabbit IgG	A-21206	Invitrogen	IF, 1:400
Alexa 555-conjucated mouse IgG	A-31570	Invitrogen	IF, 1:400
Alexa 647-conjucated goat IgG	A-32849	Invitrogen	IF, 1:400
Rabbit IgG HRP	G21234	Invitrogen	WB, 1:5000
Mouse IgG HRP	G21040	Invitrogen	WB, 1:5000

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## Lim et al, Fig E1

Lim et al, Fig E2













# Lim et al, Fig E6





