

# Rapid FEV<sub>1</sub> Decline and Lung Cancer Incidence in South Korea

Hyun Woo Lee, MD; Hyo-Jin Lee, MD; Jung-Kyu Lee, MD; Tae Yeon Park, MD; Eun Young Heo, MD; and Deog Kyeom Kim, MD

**BACKGROUND:** Impaired lung function is associated with a higher risk of developing lung cancer. However, lung function is a dynamic variable and must be evaluated longitudinally. This study reports on the relationship between accelerated lung function decline and development of lung cancer.

**RESEARCH QUESTION:** Is accelerated lung function decline associated with the development of lung cancer?

**STUDY DESIGN AND METHODS:** A longitudinal, observational study was performed by using epidemiologic data from two population-based studies comprising subjects assessed biannually from 2001 to 2019 in South Korea. Eligible subjects were between 40 and 69 years of age and were followed up by using spirometry. Spirometry measurements were made at each follow-up. Patients with a decline in FEV<sub>1</sub> > 60 mL per year were defined as rapid FEV<sub>1</sub> decliners. The relationship between lung cancer and rapid FEV<sub>1</sub> decline was evaluated by using adjusted Cox regression models with covariates, including age, sex, smoking history, FEV<sub>1</sub>/FVC, and WBC count.

**RESULTS:** Among the 8,549 eligible subjects, 1,287 (15.1%) had rapid FEV<sub>1</sub> decline, and 48 (0.6%) had newly developed lung cancer. The risk of lung cancer development was increased in the subjects aged ≥ 45 years and those with ≥ 30 pack-years of smoking, low baseline FEV<sub>1</sub>/FVC, low forced expiratory flow between 25% and 75% of vital capacity, rapid FEV<sub>1</sub> decline, and increased WBC count. Rapid FEV<sub>1</sub> decline was an independent risk factor for lung cancer development (adjusted hazard ratio, 2.44; 95% CI, 1.30-4.57; *P* = .006). Time-dependent net reclassification improvement showed a benefit of FEV<sub>1</sub> decline rate in determining subjects at risk of lung cancer when added to conventional practice (categorical, 0.32 [95% CI, 0.00-0.64]; continuous, 0.83 [95% CI, 0.14-1.25]).

**INTERPRETATION:** The FEV<sub>1</sub> decline rate may be a potential biomarker for lung cancer development. Further study is needed to identify whether patients with rapid FEV<sub>1</sub> decline warrant lung cancer assessment or screening.

CHEST 2022; ■(■): ■-■

**KEY WORDS:** cohort studies; FEV; lung cancer; respiratory function tests; risk factors

**ABBREVIATIONS:** FEF<sub>25-75</sub> = forced expiratory flow between 25% and 75% of vital capacity; mNLST = modified National Lung Screening Trial; mNLST-D = combined modified National Lung Screening Trial criteria and FEV<sub>1</sub> decline rate; NLST = National Lung Screening Trial; NRI = net reclassification improvement

**AFFILIATIONS:** From the Division of Pulmonary and Critical Care, Department of Internal Medicine, Seoul Metropolitan Government-Seoul National University Boramae Medical Center, Seoul, South Korea.

**FUNDING/SUPPORT:** The authors have reported to CHEST that no funding was received for this study.

**CORRESPONDENCE TO:** Hyun Woo Lee, M.D; email: [athrunzara86@snu.ac.kr](mailto:athrunzara86@snu.ac.kr); [athrunzara86@gmail.com](mailto:athrunzara86@gmail.com)

Copyright © 2022 American College of Chest Physicians. Published by Elsevier Inc. All rights reserved.

**DOI:** <https://doi.org/10.1016/j.chest.2022.03.018>

## Take-home Points

**Study Question:** Is rapid FEV<sub>1</sub> decline (annual FEV<sub>1</sub> decline rate > 60 mL per year) an independent risk factor for lung cancer development in the general population?

**Results:** Rapid FEV<sub>1</sub> decliners showed a significantly higher hazard of lung cancer development than nonrapid FEV<sub>1</sub> decliners.

**Interpretation:** In the general population, the FEV<sub>1</sub> decline rate is a potential biomarker for lung cancer development and may improve accuracy of conventional lung cancer screening.

Internationally, lung cancer is the second most commonly diagnosed malignancy and was the leading cause of cancer-related deaths in 2020.<sup>1</sup> The development of lung cancer is intricately influenced by sociodemographic, environmental, clinical, and genetic factors.<sup>2</sup> Among clinically important factors related to lung cancer, lung function has been evaluated as a potentially useful biomarker for the diagnosis or prognosis of lung cancer.<sup>3-5</sup>

Previous studies have reported that a lower FEV<sub>1</sub> or airflow limitation is related to a higher risk of lung cancer development. The risk of lung cancer is higher in patients with a higher severity of airflow limitation.<sup>6</sup> The

## Study Design and Methods

We followed the Strengthening the Reporting of Observational Studies in Epidemiology statement to report the current study.<sup>18</sup>

### Study Design and Eligibility Criteria

This longitudinal, observational study was designed by using epidemiologic data in South Korea obtained from two population-based studies (the rural Ansong and urban Ansan cohorts) as part of the Korean Genome Epidemiology Study (KoGES). This project recruited the general population between 40 and 69 years of age and followed them up biannually from 2001 to 2019. The methodologic information of the rural Ansong and urban Ansan cohorts has been described in a previous cohort profile report.<sup>19</sup> The eligibility criteria were as follows: (1) no lung cancer history at baseline questionnaire administration; (2) no suspicious lung cancer lesion at baseline chest radiograph; (3) underwent spirometry at baseline examination; and (4) subsequent follow-up with spirometry prior to diagnosis of lung cancer. Patients with missing data on smoking history or chronic lung disease at baseline were excluded from the study.

### Variables and Outcomes

At baseline assessment, sociodemographic and anthropometric information was obtained, including age, sex, BMI, waist circumference, smoking history and pack-years of smoking, exercise and education

incidence of lung cancer is reportedly higher in patients with obstructive airway diseases, including COPD, emphysema, and asthma.<sup>7-10</sup> Systematic reviews and meta-analyses have shown a strong association between reduced FEV<sub>1</sub> and lung cancer.<sup>5,11</sup> The association between lung function impairment and a higher risk of lung cancer can be explained by cigarette smoking, which, as a mediator, aggravates the FEV<sub>1</sub> decline rate and increases lung cancer risk.<sup>12</sup> In addition, cigarette smoking causes COPD, another independent risk factor for lung cancer.<sup>13</sup> However, even after controlling for smoking history, reduced FEV<sub>1</sub> was still found to be an independent risk factor for lung cancer in both current and ex-smokers.<sup>14</sup> Impaired lung function and lung cancer may share genetic susceptibility<sup>15</sup> or pathophysiological mechanisms, including impaired clearance of carcinogens and dysregulation of reactive oxygen species.<sup>16,17</sup>

Lung function is a dynamic variable that changes with aging, health behavior, or environmental factors. Therefore, to identify the relationship between lung function and lung cancer development, the longitudinal changes rather than fixed baseline values of lung function must be evaluated. We longitudinally observed and estimated annual FEV<sub>1</sub> declines and investigated whether rapid FEV<sub>1</sub> decline is an independent risk factor for lung cancer development in the general population.

history, and income. Baseline medical information, including underlying comorbid diseases and medication history, was acquired by using several questionnaires. For baseline spirometric assessment, we obtained pre-bronchodilator FEV<sub>1</sub> and FVC (in liters and percentage of the predicted value), FEV<sub>1</sub>/FVC, and forced expiratory flow between 25% and 75% of vital capacity (FEF<sub>25-75</sub>) (in liters and percentage of the predicted value). Laboratory test results were acquired to evaluate baseline general medical conditions. A protocolized and systematic questionnaire was used to identify patients with newly developed malignancies at each follow-up. Patients who reported newly developed lung cancer, as diagnosed by physicians, were investigated further.

### Spirometric Data

We estimated the annual FEV<sub>1</sub> decline (in milliliters per year) for each subject. A linear model of FEV<sub>1</sub> and years since baseline was fitted for each subject using all individual spirometric data from baseline to end of follow-up. The slope of the resulting linear model represents the subject's annual rate of FEV<sub>1</sub> change (in milliliters per year).<sup>20,21</sup> Follow-up was terminated by diagnosis of lung cancer, death, or censoring. After the linear model was fitted in each individual, annual FEV<sub>1</sub> change was graphically depicted. Detailed information is provided in e-Table 1.

The included subjects were classified into two groups based on the annual FEV<sub>1</sub> decline rate: the group with annual FEV<sub>1</sub> decline rate > 60 mL per year (defined as rapid FEV<sub>1</sub> decliners) and the group

with annual FEV<sub>1</sub> decline rate  $\leq$  60 mL per year (defined as nonrapid FEV<sub>1</sub> decliners). These definitions were based on the current operational definition of accelerated FEV<sub>1</sub> decline.<sup>22</sup>

### Net Reclassification Improvement

We investigated whether adding FEV<sub>1</sub> decline rate to the National Lung Screening Trial (NLST) criteria better identifies subjects at high risk for lung cancer. Because the cohort data lacked information regarding the duration of smoking cessation, we created modified NLST (mNLST) criteria to determine subjects at high risk for lung cancer. The mNLST criteria are as follows: (1) age  $\geq$  55 years and  $<$  70 years; (2) current smoker or ex-smoker; and (3)  $\geq$  30 pack-years of smoking. Our suggested new criteria that combine mNLST criteria and FEV<sub>1</sub> decline rate (mNLST-D) to identify subjects at high risk for lung cancer were: (1) high risk based on the mNLST criteria; or 2) FEV<sub>1</sub> decline rate  $>$  60 mL per year. To compare the accuracy between the mNLST and the mNLST-D criteria, categorical or continuous time dependent net reclassification improvement (NRI) was estimated.<sup>23</sup>

### Statistics

Continuous variables were analyzed with the Student *t* test or the Wilcoxon rank sum test, and categorical variables were analyzed by using the  $\chi^2$  test or Fisher's exact test. The Cochran-Armitage test for trend was conducted to evaluate lung cancer incidence across

quintiles. Univariate and multivariate analyses with the Cox proportional hazards model were conducted to identify whether rapid FEV<sub>1</sub> decline is an independent risk factor for lung cancer development. For the multivariable model, we included the variables with a statistically significant relationship with lung cancer development in each univariable model. In addition, sex was included as a variable for the multivariable model, as sex differences in lung function have been well verified.<sup>24</sup> The variance inflation factor for significant multicollinearity was  $>$  4.0. We estimated categorical and continuous time dependent NRI and 95% CIs to compare two types of risk prediction models based on time-to-event data using the R package "nricens." The *P* value for statistical significance was set at  $<$  .05. R statistical software version 4.1.0 (R Core Team [2020]) was used for all statistical analyses.

### Ethics

The current study adhered to the principles of the Declaration of Helsinki. The Korean Centers for Disease Control and Prevention obtained written informed consent from all patients included in the study. Ethical approval for the current study was obtained from the Institutional Review Board Committee of Seoul National University Seoul Metropolitan Government (SNU-SMG) Boramae Medical Center (IRB No. 07-2021-24).

## Results

Of the total of 10,030 subjects, 9,885 had no history of lung cancer or no suspicious lung cancer lesion on baseline chest radiograph. Baseline lung function was measured in 9,638 subjects, and follow-up lung function was measured

prior to the diagnosis of lung cancer in 8,713 subjects. Among the eligible 8,713 subjects, we excluded 160 subjects with no data on smoking history and 4 subjects with no data on history of chronic lung disease. Ultimately, 8,549 subjects were included in the current study (e-Fig 1).

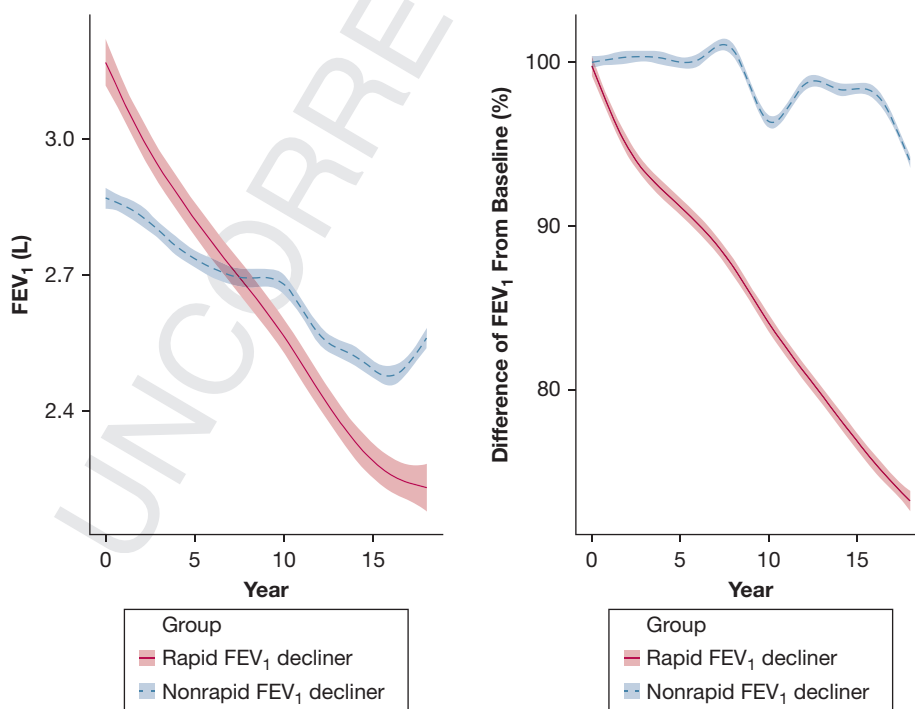


Figure 1 – Annual FEV<sub>1</sub> decline from baseline lung function. Annual FEV<sub>1</sub> decline is graphically compared between rapid FEV<sub>1</sub> decliners and nonrapid FEV<sub>1</sub> decliners. Lines represent the mean value of FEV<sub>1</sub>, and the shaded regions represent the SE of FEV<sub>1</sub>.

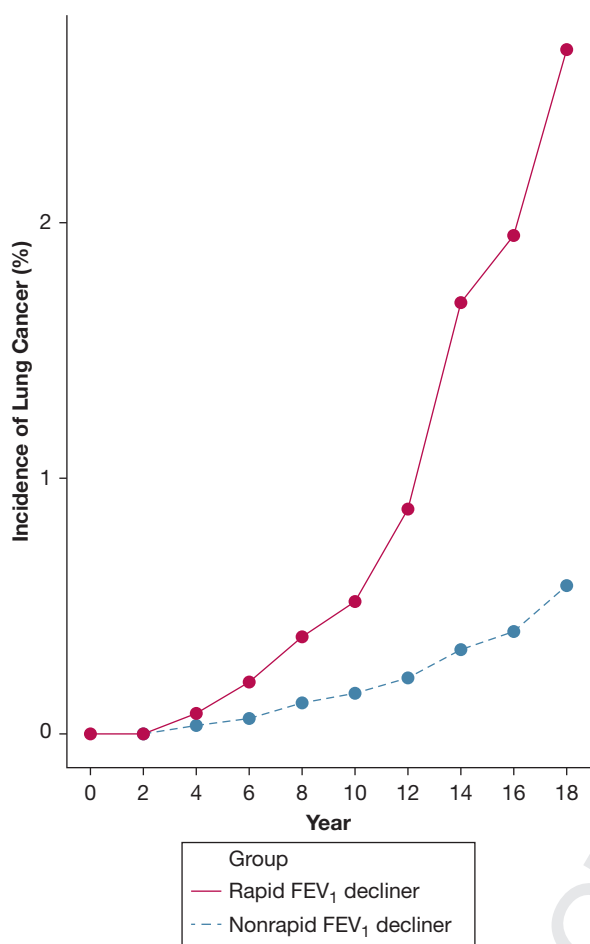


Figure 2 – Cumulative lung cancer incidence rate measured at 2-year intervals. Cumulative lung cancer incidence rate is graphically compared between rapid FEV<sub>1</sub> decliners and nonrapid FEV<sub>1</sub> decliners.

During the follow-up, FEV<sub>1</sub> was measured a median of seven times (interquartile range, 4-8) in each patient, and the median annual FEV<sub>1</sub> decline rate was 37.2 mL per year (interquartile range, 26.7-50.0 mL per year) (e-Fig 2). Among the eligible 8,549 subjects, 1,287 (15.1%) subjects met the definition for rapid FEV<sub>1</sub> decliners, and the other 7,262 (84.9%) subjects were classified as nonrapid FEV<sub>1</sub> decliners. Rapid FEV<sub>1</sub> decliners annually lost 76.8 mL and 2.6% of FEV<sub>1</sub> relative to their baseline lung function, whereas nonrapid FEV<sub>1</sub> decliners annually lost 28.0 mL and 1.0% of FEV<sub>1</sub> relative to their baseline lung function (Fig 1).

#### Baseline Characteristics and Clinical Features

At baseline, rapid FEV<sub>1</sub> decliners were older, comprised more men, had a lower BMI but a larger waist circumference, and reported more cigarette smoking exposure (Table 1). In terms of socioeconomic status, rapid FEV<sub>1</sub> decliners exercised less, were less educated,

and had less income. There was no significant difference in underlying comorbid diseases and medication history between the rapid and nonrapid FEV<sub>1</sub> decliners. In the baseline spirometric assessment, rapid FEV<sub>1</sub> decliners exhibited higher FEV<sub>1</sub> or FVC and a lower FEV<sub>1</sub>/FVC than the nonrapid FEV<sub>1</sub> decliners (Table 2). There were significant differences in laboratory findings between the two groups. Inflammatory markers, including WBC and high-sensitivity C-reactive protein, were significantly elevated in rapid FEV<sub>1</sub> decliners.

#### Risk of Lung Cancer Development

During the follow-up period, the cumulative rate of lung cancer development was significantly higher in rapid FEV<sub>1</sub> decliners than in nonrapid FEV<sub>1</sub> decliners ( $P < .001$ ) (Fig 2). Lung cancer incidence linearly increased with accelerated FEV<sub>1</sub> decline (Cochran-Armitage test for trend,  $P = .005$ ) (e-Fig 3). We summarized the unadjusted hazard ratios for lung cancer development according to the different variables in baseline characteristics and clinical features (e-Tables 2, 3). Among the evaluated variables, age  $\geq 45$  years,  $\geq 30$  pack-years of smoking, low baseline FEV<sub>1</sub>/FVC, low FEF<sub>25-75</sub>, annual FEV<sub>1</sub> decline rate  $> 60$  mL per year, and increased WBC count were related to an increased risk of lung cancer development (Table 3). Following multivariable adjustment, we found that an annual FEV<sub>1</sub> decline rate  $> 60$  mL per year was independently associated with lung cancer development (adjusted hazard ratio, 2.44; 95% CI, 1.30-4.57;  $P = .006$ ).

#### Net Reclassification Improvement

A reclassification table for development of lung cancer was summarized according to mNLST criteria and mNLST-D criteria (e-Table 4). Categorical time-dependent NRI at 18 years was 0.32 (95% CI, 0.00-0.64) and continuous time-dependent NRI at 18 years was 0.83 (95% CI, 0.14-1.25).

#### Discussion

In this longitudinal observational study, we found a significant association between lung function change and lung cancer development in a large, community-based general population. During the 18 years of observation, 15% of the general population had a FEV<sub>1</sub> decline rate  $> 60$  mL per year. Forty-eight cases of lung cancer developed in the eligible 8,549 subjects, and the crude incidence rate was calculated as 35.1 per 100,000 person-years, which is close to the estimated crude incidence rate (41-42 per 100,000 person-years) of lung

TABLE 1 ] Baseline Characteristics of Rapid and Nonrapid FEV<sub>1</sub> Decliners

Characteristic	Nonrapid FEV <sub>1</sub> Decliner (n = 7,262)	Rapid FEV <sub>1</sub> Decliner (n = 1,287)	P Value
Age, y	51.4 ± 8.6	54.7 ± 9.2	< .001
Male	3,226 (44.4)	890 (69.2)	< .001
BMI, kg/cm <sup>2</sup>	24.7 ± 3.1	24.1 ± 3.2	< .001
Waist circumference, cm	82.6 ± 8.7	83.7 ± 8.6	< .001
Smoking history			
Never smoker	4,580 (63.1)	514 (39.9)	< .001
Ex-smoker	1,106 (15.2)	242 (18.8)	< .001
Current smoker	1,576 (21.7)	531 (41.3)	< .001
≥ 30 pack-years	718 (9.9)	310 (24.1)	< .001
Exercise history ≥ 2 per week	2,228 (30.7)	318 (24.7)	< .001
Education history ≥ 12 y	1,092 (15.0)	137 (10.6)	< .001
Income <sup>a</sup>			
< 873 dollars per month	2,294 (32.1)	551 (43.4)	< .001
873-1,745 dollars per month	2,137 (29.4)	365 (28.4)	.458
1,746 ≥ dollars per month	2,717 (37.4)	353 (27.4)	< .001
Underlying comorbid disease			
Chronic lung disease	183 (2.5)	31 (2.4)	.890
Cardiovascular disease	103 (1.4)	20 (1.6)	.803
Congestive heart failure	19 (0.3)	3 (0.2)	1.000
Hypertension	1,228 (16.9)	226 (17.6)	.595
Diabetes	1,997 (27.5)	329 (25.6)	.160
Dyslipidemia	2,105 (29.0)	380 (29.5)	.728
Dementia	2 (0.0)	1 (0.1)	.938
Cerebrovascular disease	59 (0.8)	18 (1.4)	.059
Medication history			
Oral corticosteroid	19 (0.3)	2 (0.2)	.686
Treatment for asthma	53 (0.7)	10 (0.8)	.996

Data are presented as mean ± SD or No. (%).

<sup>a</sup>Conversion: 1000 won is converted into 0.873 dollar.

cancer in South Korea from 1999 to 2017.<sup>25</sup> More cases of newly developed lung cancers were noted among the rapid FEV<sub>1</sub> decliners group. A rapid FEV<sub>1</sub> decline was related to a significantly higher hazard for lung cancer development in the multivariable Cox regression model. Considering time-dependent NRIs at 18 years, the FEV<sub>1</sub> decline rate may be a potential biomarker for lung cancer screening.

The association between lung function and lung cancer has been investigated internationally. In the United States, prospective studies clarified the significant relationship between COPD and lung cancer development.<sup>8,26</sup> This relationship was evident in high-risk populations, including asbestos-exposed heavy smokers<sup>27</sup> and construction workers.<sup>6</sup> In particular,

FEV<sub>1</sub> < 80% with airway obstruction was reported as an independent risk factor for lung cancer development among the 5,402 subjects who participated in a National Health and Nutrition Examination Survey.<sup>7</sup> A cohort study in Italy showed that FEV<sub>1</sub> < 90% was related to lung cancer development in 3,806 heavy smokers, regardless of COPD status.<sup>14</sup> In the United Kingdom, performance of a lung cancer prediction model for never smokers improved following the addition of lung function as a covariable.<sup>28</sup> A systematic review and meta-analysis concluded that low FEV<sub>1</sub> is strongly associated with lung cancer.<sup>11</sup> However, previous studies were mostly conducted in Western countries, and only baseline lung function data were evaluated in those studies. Compared with previous studies, the current study was conducted in the South Korean general

TABLE 2 ] Spirometric and Laboratory Findings at Initial Assessment

Variable	Nonrapid FEV <sub>1</sub> Decliner (n = 7,262)	Rapid FEV <sub>1</sub> Decliner (n = 1,287)	P Value
<b>Spirometry</b>			
FEV <sub>1</sub> , L	2.87 ± 0.67	3.19 ± 0.78	< .001
FEV <sub>1</sub> , % of the predicted value	111.4 ± 16.9	116.9 ± 18.7	< .001
FVC, L	3.59 ± 0.86	4.09 ± 0.95	< .001
FVC, % of the predicted value	104.2 ± 14.2	110.5 ± 14.9	< .001
FEV <sub>1</sub> /FVC	80.3 ± 7.4	78.2 ± 8.1	< .001
FEF <sub>25-75</sub> , L	3.05 ± 2.19	3.11 ± 1.26	.431
FEF <sub>25-75</sub> , %	103.1 ± 32.7	104.2 ± 36.1	.312
<b>Blood test</b>			
WBC, /μL <sup>b</sup>	6,490 ± 1,770	6,680 ± 1,880	< .001
Hemoglobin, g/dL	13.5 ± 1.6	14.0 ± 1.4	< .001
Platelet, 10 <sup>3</sup> /μL	266 ± 63	262 ± 64	.036
hs-CRP, mg/L	0.14 (0.06-0.24)	0.16 (0.09-0.26)	.008
AST, IU/L	25.0 (21.0-30.0)	25.0 (21.0-31.0)	.032
ALT, IU/L	21.4 (16.1-30.0)	22.0 (16.1-31.0)	.094
GGT, IU/L	19.0 (13.0-35.0)	24.0 (15.0-45.2)	< .001
Total protein, g/dL	6.1 ± 1.4	6.3 ± 1.3	< .001
Albumin, g/dL	4.3 ± 0.4	4.4 ± 0.4	.003
BUN, mg/dL	14.2 ± 3.6	14.4 ± 3.8	.094
Creatinine, mg/dL	0.83 ± 0.20	0.85 ± 0.20	.002
Total cholesterol, mg/dL	194.5 ± 35.4	191.1 ± 36.7	.002
HDL cholesterol, mg/dL	46.1 ± 10.6	47.2 ± 11.6	< .001
LDL cholesterol, mg/dL	119.9 ± 34.0	115.4 ± 39.1	< .001
Triglyceride, mg/dL	156.7 ± 97.2	164.7 ± 117.9	.008

Data are expressed as mean ± SD, median (interquartile range), or number (percentage). ALT = alanine aminotransferase; AST = aspartate aminotransferase; FEF<sub>25-75</sub> = forced expiratory flow between 25% and 75% of vital capacity; GGT = gamma-glutamyl transpeptidase; HDL = high-density lipoprotein; hs-CRP = high-sensitivity C-reactive protein; LDL = low-density lipoprotein.

population and revealed the association between lung cancer development and dynamic changes in lung function, rather than baseline lung function.

Lung cancer development and accelerated FEV<sub>1</sub> decline rate may share common pathogenic mechanisms for chronic airway inflammation and genetic alterations.<sup>29,30</sup> Previous studies have reported that smoking or environmental exposure may induce the production of pro-inflammatory cytokines that provoke airway inflammation and increase the risk of lung cancer development.<sup>31</sup> Single nucleotide polymorphisms in inflammatory cytokine genes, including IL-1A and IL-1B polymorphisms, are associated with an elevated risk of lung cancer.<sup>32</sup> Cigarette smoking can activate nuclear factor kappa B, an important cytokine in lung inflammation and lung carcinogenesis.<sup>33,34</sup> In addition, chronic exposure to reactive oxygen species can induce chronic airway inflammation, DNA alteration, and lung

cancer development.<sup>35</sup> Airway inflammation with impaired lung function in conjunction with KRAS mutation has been shown to increase the risk of lung cancer through the tumor-promoting functions of hypoxia-inducible factor-1.<sup>36</sup> It is therefore speculated that the FEV<sub>1</sub> decline rate may be an environmental biomarker for exposure to carcinogens,<sup>14</sup> or a genetic biomarker for susceptibility to carcinogens.<sup>37</sup> To verify the utility of FEV<sub>1</sub> decline rate as an auxiliary biomarker for lung cancer screening, the inflammatory pathway or the gene expression profiles related to FEV<sub>1</sub> change need to be further investigated.

Our multivariable analysis showed that the FEV<sub>1</sub> decline rate may be an independent biomarker for lung cancer, regardless of baseline lung function impairment. The natural course of lung function change has been reported to be heterogeneous and difficult to predict based on baseline conditions.<sup>38</sup> Indeed, impaired

TABLE 3 ] Independent Risk Factors for Lung Cancer Development

Variable	Univariable Analysis		Multivariable Analysis	
	Hazard Ratio	P Value	Hazard Ratio	P Value
Age $\geq$ 45 y	2.87 (1.29-6.39)	.010	2.30 (1.01-5.22)	.047
Male	1.42 (0.80-1.24)	.226	1.78 (0.88-3.62)	.110
$\geq$ 30 pack-years of smoking	3.63 (2.04-6.45)	< .001	2.44 (1.30-4.57)	.006
FEV <sub>1</sub> /FVC, %	0.96 (0.93-0.99)	.004	0.97 (0.94-1.01)	.126
FEF <sub>25-75</sub> , %	0.99 (0.98-1.00)	.044	...	...
FEV <sub>1</sub> decline rate > 60 mL per year	3.40 (1.88-6.13)	< .001	2.34 (1.28-4.28)	.006
WBC, / $\mu$ L	1.17 (1.03-1.32)	.014	1.13 (0.99-1.28)	.068

Forced expiratory flow between 25% and 75% of vital capacity (FEF<sub>25-75</sub>) percentage was not included in this multivariable analysis due to multicollinearity with FEV<sub>1</sub>/FVC percentage.

baseline FEV<sub>1</sub> was not necessarily related to subsequent changes in FEV<sub>1</sub>.<sup>39</sup> Therefore, the FEV<sub>1</sub> decline rate has recently been studied as a potential biomarker that provides additional information on clinical outcomes such as health status and exacerbation rate.<sup>40</sup> Moreover, since the acceleration of FEV<sub>1</sub> decline has already occurred prior to the detection of lung function impairment,<sup>41</sup> individual risk evaluation is necessary even in patients in the pre-COPD stage.<sup>42</sup> The current study suggests that even subjects without comorbid chronic lung disease may have a high risk of lung cancer if the FEV<sub>1</sub> decline rate is accelerated.

The current study has several limitations. First, we could not specify which histologic type of lung cancer was more related to lung function decline because there was no available information on histologic findings. Previous studies have shown that the association between FEV<sub>1</sub> and lung cancer development was significant in a composite histologic type other than adenocarcinoma.<sup>14</sup> COPD is an independent risk factor for squamous cell carcinoma.<sup>43</sup> Squamous cell carcinoma of the lung originates from cellular transformation of the bronchial epithelium, which is mainly caused by environmental or occupational carcinogens such as cigarette smoking.<sup>44</sup> Therefore, it is speculated that the FEV<sub>1</sub> decline rate is associated with the development of squamous cell carcinoma. Second,

occupational or environmental exposure was not analyzed as a covariable because information on individual addresses was not available. In this study, indirect indicators of occupational exposure, such as income or education history, were associated with rapid FEV<sub>1</sub> decline but were not significantly associated with lung cancer incidence. Third, the prevalence of underlying chronic lung disease (at 2.5%) was most likely underestimated. In the Korean population aged > 40 years, the prevalence of COPD was reported to be 13.4%.<sup>45</sup> In fact, approximately 9% of our study patients had FEV<sub>1</sub>/FVC < 0.7. This finding suggests that more than one-half of the patients with chronic lung disease were unaware that they had chronic lung disease. To supplement this limitation, we included FEV<sub>1</sub>/FVC as a variable for multivariable analysis. Fourth, a relatively small number of lung cancers limit the generalization of our results. A larger scale cohort study is needed in which the results of our study are reproduced.

### Interpretation

The FEV<sub>1</sub> decline rate is an easily obtainable potential biomarker to detect lung cancer development. Further study is needed to identify whether rapid FEV<sub>1</sub> decliners benefit from lung cancer assessment or screening in general population.

771 **Acknowledgments**

772 **Author contributions:** H. W. L. accepts full  
773 responsibility for the work and/or the  
774 conduct of the study, had access to the data,  
775 and controlled the decision to publish. H. W.  
776 L. was responsible for study concept and  
777 design, as well as study supervision and  
778 drafting of the manuscript; H. W. L. and H.-J.  
779 L. were responsible for acquisition of data; H.  
780 W. L., J.-K. L., and T. Y. P. analyzed and  
781 interpreted the data; and H. W. L., E. Y. H.,  
782 and D. K. K. were responsible for critical  
783 revision of the manuscript and important  
784 intellectual content.

785 **Financial/nonfinancial disclosures:** None  
786 declared.

787 **Additional information:** The e-Figures and  
788 e-Tables can be found in the Supplemental  
789 Materials section of the online article.

789 **References**

- 790 1. Sung H, Ferlay J, Siegel RL, et al. Global  
791 Cancer Statistics 2020: GLOBOCAN  
792 estimates of Incidence and Mortality  
793 Worldwide for 36 Cancers in 185  
794 Countries. *CA Cancer J Clin.* 2021;71(3):  
795 209-249.
- 796 2. Malhotra J, Malvezzi M, Negri E, La  
797 Vecchia C, Boffetta P. Risk factors for lung  
798 cancer worldwide. *Eur Respir J.*  
799 2016;48(3):889-902.
- 800 3. Lee JH, Song EM, Sim YS, Ryu YJ,  
801 Chang JH. Forced expiratory volume in  
802 one second as a prognostic factor in  
803 advanced non-small cell lung cancer.  
804 *J Thorac Oncol.* 2011;6(2):305-309.
- 805 4. Kuller LH, Ockene J, Meilahn E,  
806 Svendsen KH. Relation of forced  
807 expiratory volume in one second (FEV1)  
808 to lung cancer mortality in the Multiple  
809 Risk Factor Intervention Trial (MRFIT).  
810 *Am J Epidemiol.* 1990;132(2):265-274.
- 811 5. Fry JS, Hamling JS, Lee PN. Systematic  
812 review with meta-analysis of the  
813 epidemiological evidence relating FEV1  
814 decline to lung cancer risk. *BMC Cancer.*  
815 2012;12:498.
- 816 6. Purdue MP, Gold L, Järholm B,  
817 Alavanja MC, Ward MH, Vermeulen R.  
818 Impaired lung function and lung cancer  
819 incidence in a cohort of Swedish  
820 construction workers. *Thorax.* 2007;62(1):  
821 51-56.
- 822 7. Mannino DM, Aguayo SM, Petty TL,  
823 Redd SC. Low lung function and incident  
824 lung cancer in the United States: data  
825 from the First National Health and  
826 Nutrition Examination Survey follow-up.  
827 *Arch Intern Med.* 2003;163(12):1475-1480.
- 828 8. Skillrud DM, Offord KP, Miller RD.  
829 Higher risk of lung cancer in chronic  
830 obstructive pulmonary disease. A  
831 prospective, matched, controlled study.  
832 *Ann Intern Med.* 1986;105(4):503-507.
- 833 9. Kishi K, Gurney JW, Schroeder DR,  
834 Scanlon PD, Swensen SJ, Jett JR. The  
835 correlation of emphysema or airway  
836 obstruction with the risk of lung cancer: a  
837 matched case-controlled study. *Eur Respir  
838 J.* 2002;19(6):1093-1098.
- 839 10. Santillan AA, Camargo CA Jr, Colditz GA.  
840 A meta-analysis of asthma and risk of  
841 lung cancer (United States). *Cancer  
842 Causes Control.* 2003;14(4):327-334.
- 843 11. Wasswa-Kintu S, Gan WQ, Man SF,  
844 Pare PD, Sin DD. Relationship between  
845 reduced forced expiratory volume in one  
846 second and the risk of lung cancer: a  
847 systematic review and meta-analysis.  
848 *Thorax.* 2005;60(7):570-575.
- 849 12. Simmons MS, Connett JE, Nides MA,  
850 et al. Smoking reduction and the rate of  
851 decline in FEV(1): results from the Lung  
852 Health Study. *Eur Respir J.* 2005;25(6):  
853 1011-1017.
- 854 13. Laniado-Laborin R. Smoking and chronic  
855 obstructive pulmonary disease (COPD).  
856 Parallel epidemics of the 21 century. *Int J  
857 Environment Res Public Health.* 2009;6(1):  
858 209-224.
- 859 14. Calabrò E, Randi G, La Vecchia C, et al.  
860 Lung function predicts lung cancer risk in  
861 smokers: a tool for targeting screening  
862 programmes. *Eur Respir J.* 2010;35(1):  
863 146-151.
- 864 15. Brennan P, Hainaut P, Boffetta P.  
865 Genetics of lung-cancer susceptibility.  
866 *Lancet Oncol.* 2011;12(4):399-408.
- 867 16. Meyer MB, Luk GD, Sotelo JM,  
868 Cohen BH, Menkes HA. Hypothesis: the  
869 role of the lung in stomach carcinogenesis.  
870 *Am Review Respir Dis.* 1980;121(5):  
871 887-892.
- 872 17. Schottenfeld D, Beebe-Dimmer JL.  
873 Advances in cancer epidemiology:  
874 understanding causal mechanisms and the  
875 evidence for implementing interventions.  
876 *Ann Rev Public Health.* 2005;26:37-60.
- 877 18. von Elm E, Altman DG, Egger M,  
878 Pocock SJ, Gotsche PC,  
879 Vandenbroucke JP. The Strengthening the  
880 Reporting of Observational Studies in  
881 Epidemiology (STROBE) statement:  
882 guidelines for reporting observational  
883 studies. *Lancet (London, England).*  
884 2007;370(9596):1453-1457.
- 885 19. Kim Y, Han BG. Cohort profile: the  
886 Korean Genome and Epidemiology Study  
887 (KoGES) Consortium. *Int J Epidemiol.*  
888 2017;46(2):e20.
- 889 20. Schlesselman JJ. Planning a longitudinal  
890 study. II. Frequency of measurement and  
891 study duration. *J Chronic Dis.* 1973;26(9):  
892 561-570.
- 893 21. Sherrill DL, Lebowitz MD, Knudson RJ,  
894 Burrows B. Continuous longitudinal  
895 regression equations for pulmonary  
896 function measures. *Eur Respir J.* 1992;5(4):  
897 452-462.
- 898 22. Martinez FJ, Han MK, Allinson JP, et al.  
899 At the root: defining and halting  
900 progression of early chronic obstructive  
901 pulmonary disease. *Am J Respir Crit Care  
902 Med.* 2018;197(12):1540-1551.
- 903 23. Pencina MJ, D'Agostino RB Sr,  
904 Steyerberg EW. Extensions of net  
905 reclassification improvement  
906 calculations to measure usefulness of  
907 new biomarkers. *Stat Med.* 2011;30(1):  
908 11-21.
- 909 24. LoMauro A, Aliverti A. Sex differences in  
910 respiratory function. *Breathe (Sheffield,  
911 England).* 2018;14(2):131-140.
- 912 25. Lee JG, Kim HC, Choi CM. Recent trends  
913 of lung cancer in Korea. *Tuberc Respir Dis.*  
914 2021;84(2):89-95.
- 915 26. Tammemägi MC, Katki HA,  
916 Hocking WG, et al. Selection criteria for  
917 lung-cancer screening. *N Engl J Med.*  
918 2013;368(8):728-736.
- 919 27. Chien JW, Au DH, Barnett MJ,  
920 Goodman GE. Spirometry, rapid FEV1  
921 decline, and lung cancer among asbestos  
922 exposed heavy smokers. *COPD.* 2007;4(4):  
923 339-346.
- 924 28. Warkentin MT, Lam S, Hung RJ.  
925 Determinants of impaired lung function  
926 and lung cancer prediction among never-  
927 smokers in the UK Biobank cohort.  
928 *EBioMedicine.* 2019;47:58-64.
- 929 29. Ballaz S, Mulshine JL. The potential  
930 contributions of chronic inflammation to  
931 lung carcinogenesis. *Clin Lung Cancer.*  
932 2003;5(1):46-62.
- 933 30. Barnes PJ, Shapiro SD, Pauwels RA.  
934 Chronic obstructive pulmonary disease:  
935 molecular and cellular mechanisms. *Eur  
936 Respir J.* 2003;22(4):672-688.
- 937 31. Kc R, Shukla SD, Gautam SS,  
938 Hansbro PM, O'Toole RF. The role of  
939 environmental exposure to non-cigarette  
940 smoke in lung disease. *Clin Transl Med.*  
941 2018;7(1):39.
- 942 32. Engels EA, Wu X, Gu J, Dong Q, Liu J,  
943 Spitz MR. Systematic evaluation of genetic  
944 variants in the inflammation pathway and  
945 risk of lung cancer. *Cancer Res.*  
946 2007;67(13):6520-6527.
- 947 33. Stathopoulos GT, Sherrill TP, Cheng DS,  
948 et al. Epithelial NF-kappaB activation  
949 promotes urethane-induced lung  
950 carcinogenesis. *Proc Natl Acad Sci U S A.*  
951 2007;104(47):18514-18519.
- 952 34. Hart K, Haugen A, Zienolddiny S. Allele-  
953 specific induction of IL1B -31T/C  
954 promoter polymorphism by lung  
955 carcinogens. *Mutation Res.* 2008;656(1-2):  
956 14-18.
- 957 35. Azad N, Rojanasakul Y, Vallyathan V.  
958 Inflammation and lung cancer: roles of  
959 reactive oxygen/nitrogen species. *J Toxicol  
960 Environ Health B Crit Rev.* 2008;11(1):  
961 1-15.
- 962 36. De la Garza MM, Cumpian AM, Daliri S,  
963 et al. COPD-type lung inflammation  
964 promotes K-ras mutant lung cancer  
965 through epithelial HIF-1 $\alpha$  mediated  
966 tumor angiogenesis and proliferation.  
967 *Oncotarget.* 2018;9(68):32972-32983.
- 968 37. Young RP, Hopkins R, Eaton TE. Forced  
969 expiratory volume in one second: not just  
970 a lung function test but a marker of  
971 premature death from all causes. *Eur  
972 Respir J.* 2007;30(4):616-622.
- 973 38. Vestbo J, Edwards LD, Scanlon PD, et al.  
974 Changes in forced expiratory volume in 1  
975 second over time in COPD. *N Engl J Med.*  
976 2011;365(13):1184-1192.
- 977 39. Mannino DM, Reichert MM, Davis KJ.  
978 Lung function decline and outcomes in an



- 881 adult population. *Am J Respir Crit Care*  
882 *Med.* 2006;173(9):985-990.
- 883 40. Celli BR, Anderson JA, Cowans NJ, et al.  
884 Pharmacotherapy and lung function  
885 decline in patients with chronic  
886 obstructive pulmonary disease. A  
887 systematic review. *Am J Respir Crit Care*  
888 *Med.* 2021;203(6):689-698.
41. Lange P, Celli B, Agustí A, et al. Lung-  
function trajectories leading to chronic  
obstructive pulmonary disease. *N Engl J*  
*Med.* 2015;373(2):111-122.
42. Han MK, Agusti A, Celli BR, et al. From  
GOLD 0 to pre-COPD. *Am J Respir Crit*  
*Care Med.* 2021;203(4):414-423.
43. Papi A, Casoni G, Caramori G, et al.  
COPD increases the risk of  
squamous histological subtype in  
smokers who develop non-small cell  
lung carcinoma. *Thorax.* 2004;59(8): 889  
679-681. 890
44. Cancer Genome Atlas Research Network.  
Comprehensive genomic characterization  
of squamous cell lung cancers. *Nature.* 891  
2012;489(7417):519-525. 892  
893
45. Rhee CK. High prevalence of chronic  
obstructive pulmonary disease in Korea.  
*Korean J Intern Med.* 2016;31(4): 894  
651-652. 895  
896

UNCORRECTED PROOF