



## Activation of mitochondrial aldehyde dehydrogenase 2 promotes hair growth in human hair follicles

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### ABSTRACT

**Introduction:** Hair loss is a common phenomenon associated with various environmental and genetic factors. Mitochondrial dysfunction-induced oxidative stress has been recognized as a crucial determinant of hair follicle (HF) biology. Aldehyde dehydrogenase 2 (ALDH2) mitigates oxidative stress by detoxifying acetaldehyde. This study investigated the potential role of ALDH2 modulation in HF function and hair growth promotion.

**Objectives:** To evaluate the effects of ALDH2 activation on oxidative stress in HFs and hair growth promotion.

**Methods:** The modulatory role of ALDH2 on HFs was investigated using an ALDH2 activator. ALDH2 expression in human HFs was evaluated through *in vitro* immunofluorescence staining. *Ex vivo* HF organ culture was employed to assess hair shaft elongation, while the fluorescence probe 2',7'-dichlorodihydrofluorescein diacetate was utilized to detect reactive oxygen species (ROS). An *in vivo* mouse model was used to determine whether ALDH2 activation induces anagen.

**Results:** During the anagen phase, ALDH2 showed significantly higher intensity than that in the telogen phase, and its expression was primarily localized along the outer layer of HFs. ALDH2 activation promoted anagen phase induction by reducing ROS levels and enhancing reactive aldehyde clearance, which indicated that ALDH2 functions as a ROS scavenger within HFs. Moreover, ALDH2 activation upregulated Akt/GSK 3 $\beta$ / $\beta$ -catenin signaling in HFs.

**Conclusions:** Our findings highlight the hair growth promotion effects of ALDH2 activation in HFs and its potential as a promising therapeutic approach for promoting anagen induction.

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### Introduction

A multitude of environmental and genetic factors contribute to the global phenomenon of hair loss [1–3]. Hair follicles (HFs) undergo a cyclical process of growth, regression, and rest, known as the anagen, catagen, and telogen phases, respectively [4]. Particularly, the anagen phase, responsible for hair growth, necessitates an ample energy supply facilitated by proficient mitochondrial function [5,6]. Adequate mitochondrial energy supply is crucial for successful transition from the resting phase to the growth phase [7,8]. Furthermore, cell division rates during the anagen phase are high, which is correlated with increased protein synthesis owing to HF formation [9,10]. To sustain this rapid proliferation and maintain a normal hair cycle, substantial energy and metabolic expenditures are indispensable. Nonetheless, mitochondrial

dysfunction may interrupt the regular hair cycle, leading to hair loss [11].

Hair loss is significantly associated with the oxidative stress induced by impaired mitochondrial function, which triggers the production of excess reactive oxygen species (ROS) [12]. Elevation in intracellular ROS levels in HFs leads to oxidative stress, resulting in hair loss upon entering the catagen phase [13]. Oxidative stress is a cytotoxic event that downregulates the activity of dermal papilla cells (DPCs). Moreover, it inhibits the activation of HF-morphogenesis-related proteins, thereby suppressing hair growth and ultimately causing hair loss. This phenomenon is of great significance in the study of hair-related disorders [14,15].

Among the family of aldehyde dehydrogenases, aldehyde dehydrogenase 2 (ALDH2) attenuates oxidative stress and sustains cellular homeostasis [16]. Although its exact mechanism of action in lowering

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oxidative stress and its impact on hair growth remain elusive, ALDH2 regulates aldehyde metabolism by targeting cytotoxic aldehydes and eliminating 4-hydroxynonenal (4-HNE) and malondialdehyde (MDA) [17]. Recent studies have highlighted the potential of ALDH2, a regulator of oxidative stress and redox signaling pathways, as a therapeutic target for diseases owing to its ability to reduce 4-HNE production and metabolize toxic substances [18]. Furthermore, ALDH2 activation leads to the inhibition of oxidative stress during hepatic ischemia/reperfusion injury and accelerates the degradation of reactive aldehyde adducts, resulting in cell death [19].

Taken together, we aimed to evaluate the effects of ALDH2 activation on human HF and its potential to promote hair growth. We hypothesized that modulation of ALDH2 would eliminate aldehyde adducts in HF, thereby stimulating hair growth. We conducted experiments utilizing human hair tissues, outer root sheath cells (ORSCs), and DPCs to determine whether ALDH2 activation accelerates hair growth. Our findings demonstrate the role of ALDH2 activation in augmenting hair growth. This process aligns with the enhancement of  $\beta$ -catenin accumulation, serving as a key signaling mechanism. Moreover, our results provide novel insights into the impact of ALDH2 activation on HF and highlight its potential as a viable therapeutic approach for anagen phase induction in hair growth cycles.

## Materials and Methods

### Ethics statement

The human study was approved by the Institutional Review Board of Seoul National University Hospital (2209–021-1356) and followed ethical guidelines. Animal research was approved by the Institutional Animal Care and Use Committee of Seoul National University Hospital (20-0166-S1A1).

### Cell culture of ORSCs and DPCs

The isolation of human ORSCs was conducted according to a previous study [20,21]. To prevent contamination with extraneous follicular cell types, human ORSCs were cultured by trimming away both the infundibular sections down to the sebaceous gland and the bulbar part of the HF [22,23]. The trimmed HF were then incubated with Dulbecco's modified Eagle's medium (DMEM; Welgene, Daegu, Republic of Korea) containing 20% fetal bovine serum (FBS). On the 2nd day of culturing, keratinocyte growth medium (Lonza, Basel, Switzerland), supplemented with hydrocortisone, transferrin, epinephrine, gentamicin, bovine pituitary extract, human epidermal growth factor and insulin was added, and the cells were maintained at 37 °C in a 5% CO<sub>2</sub> atmosphere. DPCs were prepared by dissecting the bulb region to isolate candlelight-shaped DPCs [24,25]. The DPCs were incubated in DMEM containing 20% FBS and an antimicrobial solution (Gibco BRL, Gaithersburg, MD, USA). Following a 14-day period of adhesion to the culture plate, the medium was replaced every two days with DMEM containing 10% FBS, and the cells were preserved at 37 °C in a 5% CO<sub>2</sub> atmosphere.

### Measurement of ALDH2 activity

Human ORSCs were cultured in cell culture plates exposed to Alda-1, which activates ALDH2, and a control solution in a medium without serum. Subsequently, the samples were harvested and centrifuged at 500 × g to isolate cellular pellets. These pellets were resuspended in an extraction buffer and incubated on ice for 20 min. ALDH2 enzyme activity was measured and analyzed using an ALDH2 assay kit (Abcam, Cambridge, UK) according to the manufacturer's instructions. As part of the ALDH2-catalyzed reaction, nicotinamide adenine dinucleotide production was measured. A fluorescence microplate reader (Ver-

saMax, Molecular Devices Corporation, San Jose, CA, USA) was used to assess ALDH2 activity at an absorbance of 450 nm.

### Isolation of human scalp tissue and HF organ culture

Human scalp samples (1.5 cm × 1.0 cm) from the occipital region were obtained from healthy volunteers and cultured according to a previously described protocol [26,27]. Each HF was trimmed at the sebaceous duct level using a stereomicroscope (Olympus, Tokyo, Japan) and incubated in Williams E medium (Gibco BRL, Gaithersburg, MD, USA), containing l-glutamine and insulin as well as penicillin and hydrocortisone, for 6 days. The HF were obtained from five independent donors, with eight HF per group, totaling 40 HF. Subsequently, these HF were treated with Alda-1 in the culture medium at concentrations of 5, 25, and 50  $\mu$ M.

### Cell viability assays

DPCs and ORSCs were prepared in a medium devoid of serum. After a day, the cells were incubated with 25, 50, and 100  $\mu$ M Alda-1 and 1  $\mu$ M Minoxidil for 48 h. The viability test was carried out by adding the cell counting Kit-8 solution (Dojindo, Kumamoto, Japan) to wells and incubating the samples at 37 °C. Then, a plate reader was used to record the absorbance at 450 nm. The relative viability was calculated by normalizing to the control group. The employed assay utilized a water-soluble tetrazolium salt for the quantification of viable cells; viability was indicated by the formation of an orange formazan dye upon bio-reduction.

### ROS scavenging

The levels of ROS were determined using the 2', 7'- dichlorodihydrofluorescein diacetate (H<sub>2</sub>DCFDA) fluorescence probe. Subsequently, the ORSCs and DPCs treated with Alda-1 or vehicle were rinsed with PBS and incubated with H<sub>2</sub>DCFDA at 37 °C for 30 min in the dark. Subsequently, green fluorescence images were acquired using fluorescence microscopy (Nikon, Tokyo, Japan). Brightfield images of ORSCs and DPCs were obtained via stereotyped microscopy (Olympus, Tokyo, Japan). Flow cytometry analysis was employed to detect and measure H<sub>2</sub>DCFDA levels within the ORSCs. The data obtained from flow cytometry experiments were analyzed using the FlowJo™ software and then normalized.

### Oxygen consumption rate (OCR)

OCR measurement was conducted using a previously described method [28]. ORSCs were seeded in a Seahorse XF24 and incubated overnight. Following the incubation, the previous medium was replaced with a serum-free medium and ORSCs were treated with the vehicle and 50  $\mu$ M Alda-1. Seahorse cartridges were then used for conducting assays through ports. The following compounds were added: oligomycin, a compound that inhibits adenosine triphosphate (ATP) synthase; carbonyl cyanide p-(trifluoromethoxy) phenylhydrazone (FCCP), a compound that uncouples oxidative phosphorylation; rotenone, a compound that inhibits the mitochondrial respiratory chain at complex I; antimycin A, a compound that inhibits the mitochondrial respiratory chain responsible for ATP generation via oxidative phosphorylation.

### ATP production rate

Mitochondrial and glycolytic ATP production rates were evaluated using the Seahorse XF Real-Time ATP Rate Assay (Agilent Technologies, Santa Clara, CA, USA) according to the manufacturer's protocol. ORSCs were seeded into specialized XF cell culture microplates de-

signed for the assay. Following a 24 h starvation period, ORSCs were exposed to either the vehicle or 50  $\mu\text{M}$  Alda-1 in serum-free medium for an additional 24 h. Subsequently, the microplate was incubated at 37 °C in a non-CO<sub>2</sub> incubator for 60 min. Using the Seahorse XFe96 analyzer, the ATP production rates were then measured and normalized to cell number.

#### Western blot analysis

To lyse the human ORSCs and DPCs, RIPA buffer (Millipore, Merck, Burlington, MA, USA) was employed. The proteins were separated via sodium dodecyl-sulfate (SDS)-polyacrylamide gel electrophoresis, which uses an SDS detergent and polyacrylamide gel matrix to separate proteins based on their size. Subsequently, the proteins were electro-transferred onto an Amersham membrane and probed with primary antibodies to enable protein detection. Commercially available primary antibodies, including  $\beta$ -actin diluted at 1:5,000, phospho-Akt, Akt, phospho-GSK 3 $\beta$ , GSK 3 $\beta$ , non-phospho  $\beta$ -catenin, and  $\beta$ -catenin, from Cell Signaling Technology (Danvers, MA, USA) were employed. These antibodies were utilized at a dilution of 1:1,000. After incubation with antibodies, the membranes were treated with immunoglobulin G (IgG) antibodies (GeneTex, Irvine, CA, USA). The detection of the binding events between primary antibodies and their respective targets was achieved using a chemiluminescent substrate (Thermo Fisher Scientific), and signal detection was carried out using Amersham imager 680 systems (GE Healthcare, Chicago, IL, USA). Subsequently, the captured images were analyzed for quantification.

#### Human growth factor detection

The Human Growth Factor Antibody kit (Raybiotech, Peachtree Corners, GA, USA) was employed to identify specific hair growth factors in the process under investigation. DPCs were treated with serum-free DMEM containing the control or 50  $\mu\text{M}$  Alda-1. Following treatment, the culture media were harvested, centrifuged at 1800 rpm for 10 min, and then subjected to filtration through a 0.22- $\mu\text{m}$  syringe filter. The resultant filtrate was subjected to an additional centrifugation step using Vivaspin (Sartorius, Göttingen, Germany). Membranes were subjected to an overnight incubation at 4 °C in conditional media derived from DPCs and treated with either the vehicle or Alda-1 [29]. Subsequently, the immunoreactivity was captured using Amersham imager 680 systems (GE Healthcare).

#### Anagen induction study

The *in vivo* assessment of anagen induction was performed as described previously [4]. Briefly, female C57BL/6 mice (8-week-old) in the telogen phase were shaved, and topical application of either vehicle, 0.5 and 3 mM Alda-1 solutions, or 2% Minoxidil was administered weekly. A previously reported method was utilized with minor modifications to evaluate the skin thickness and anagen induction scores, wherein the telogen phase was assigned a score of 1 and anagen I–VI were assigned scores of 2–7, respectively.

#### Immunofluorescence (IF) staining

Human HF embedded in paraffin and mouse dorsal cutaneous tissue were sectioned at thicknesses of 7 and 4  $\mu\text{m}$ , respectively. The DPCs and ORSCs were cultured on culture slides (SPL Life Sciences, Pocheon, Korea) and fixed in 4% paraformaldehyde. To perform IF staining, specific primary antibodies were applied to the tissues and cells overnight at 4 °C. The following antibodies were prepared with the diluent reagent (Invitrogen, Thermo Fisher Scientific): ALDH2 (1:200; Thermo Fisher Scientific), voltage-dependent anion-selective channel (VDAC; 1:200; Thermo Fisher Scientific), Ki-67 (1:200; Dako, Agilent Technolo-

gies), versican (1:200; Abcam), and  $\beta$ -catenin (1:200; Cell Signaling Technology). Following PBS washing, the slides were subjected to incubation with secondary antibodies, which were either anti-rabbit or mouse IgG antibodies conjugated with Alexa Fluor 488 (Invitrogen) or anti-rabbit IgG antibodies conjugated with Alexa Fluor 594 (Invitrogen) at a dilution of 1:200. In addition, 4',6-diamidino-2-phenylindole (DAPI; Invitrogen) was employed for staining the cell nuclei at a ratio of 1:1,000.

#### Statistical analysis

Data are presented as mean accompanied by the standard error of the mean (SEM) to facilitate improved comprehension and precision. Statistical analyses were conducted using the GraphPad Prism 8 software (GraphPad Software, Boston, MA, USA). Student's *t*-test and two-tailed tests were executed, and the threshold for significance was established at  $P < 0.05$ . The animals and samples were randomly assigned to experimental groups. Data obtained from animal experiments were analyzed by researchers who were unaware of the experimental conditions (blinded analysis).

## Results

#### ALDH2 expression in human HF

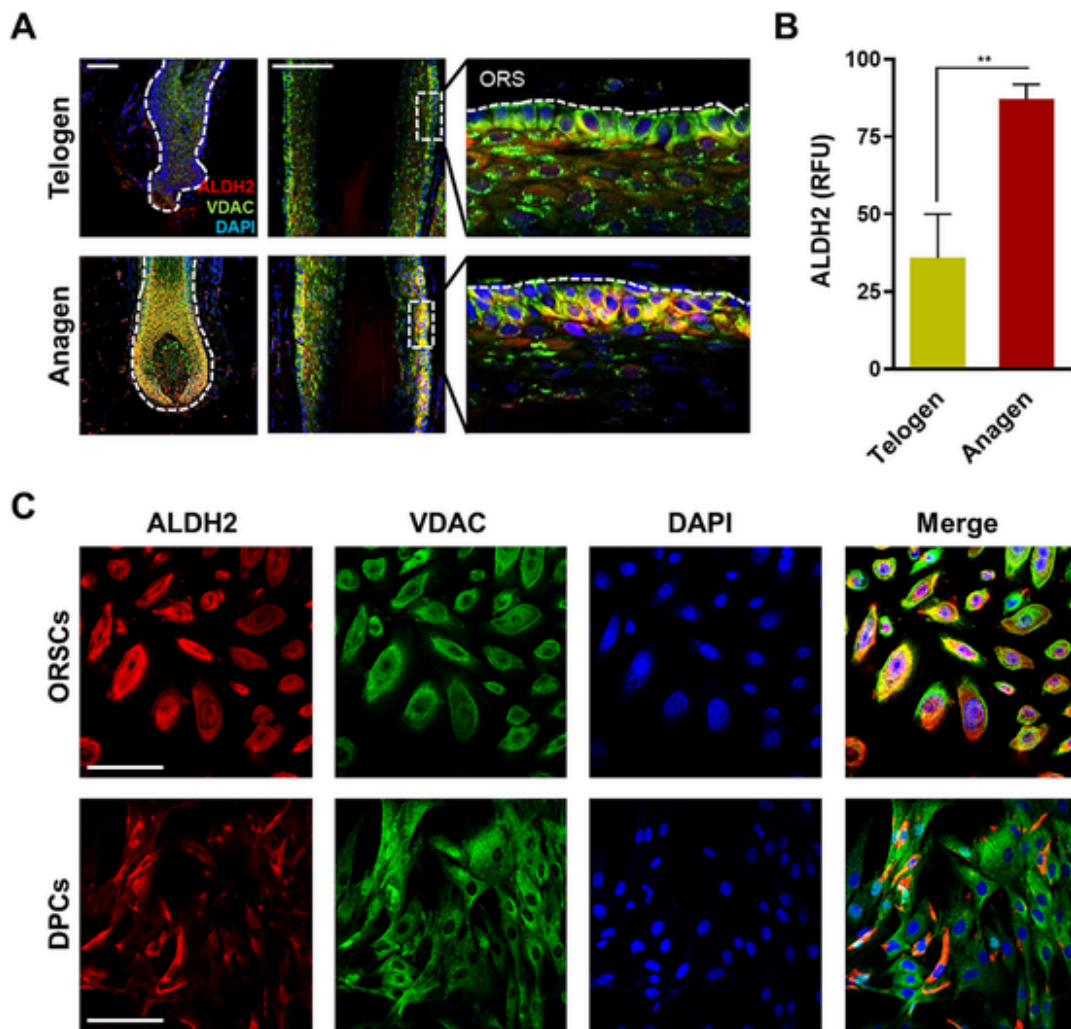
Immunostaining of HF was conducted to evaluate the variation in ALDH2 expression levels from anagen to telogen. Briefly, ALDH2 activity was investigated using an ALDH2 antibody co-stained with VDAC as a mitochondrial marker. ALDH2 was expressed in human HF with a remarkably higher intensity in the outer root sheath (ORS) than in other regions (Fig. 1A). Conversely, the expression of ALDH2 was reduced in the hair matrix, inner root sheath (IRS), and dermal papilla compared with that in the ORS region. There was a discernible augmentation in ALDH2 levels in HF during the anagen phase, particularly in the ORS (Supplementary Fig. 1A, 1B). Together with the results presented in Fig. 1A, these findings confirmed that ALDH2 expression was similar in the distal and proximal follicle bulb ORS. Quantification of ALDH2 fluorescence intensity further confirmed its significantly augmented expression in the anagen phase relative to that in the telogen phase (Fig. 1B).

To further investigate the role of ALDH2 in human HF, we assessed its activity at the cellular level in ORSCs and DPCs using IF staining (Fig. 1C, Supplementary Fig. 1D). As depicted in Fig. 1A and B, ALDH2 expression was primarily localized in ORSCs. Moreover, the relative ALDH2 protein levels were significantly higher in ORSCs than in DPCs (Supplementary Fig. 1C).

#### Effects of ALDH2 activation on human ORSCs and hair shaft elongation

To explore the impact of Alda-1 on HF, we conducted an assessment of ALDH2 enzymatic activity in ORSCs. A significant increase was observed in ALDH2 activity in ORSCs after Alda-1 treatment (Fig. 2A), indicating that Alda-1 functions as an ALDH2 activator in HF, thereby modulating ALDH2 expression. Furthermore, to identify the optimal Alda-1 concentration for stimulating ALDH2 activity in HF, we evaluated ORSC viability after treatment with various concentrations of Alda-1 for up to 48 h. Cell proliferation was elevated in a dose-dependent manner upon treatment with 5, 25, and 50  $\mu\text{M}$  Alda-1, whereas it was reduced with 100  $\mu\text{M}$  Alda-1 treatment (Fig. 2B). Upon treatment with 50  $\mu\text{M}$  Alda-1, cell viability significantly increased after 24 and 48 h. Based on these results, we selected 5, 25, and 50  $\mu\text{M}$  Alda-1 concentrations for further investigation.

To assess whether ALDH2 activation promotes hair shaft elongation, we performed *ex vivo* HF organ cultures. Hair shaft elongation length was measured after treatment with 5, 25, and 50  $\mu\text{M}$  Alda-1 for up to 6 days. A dose-dependent elongation in hair shaft length was noted fol-



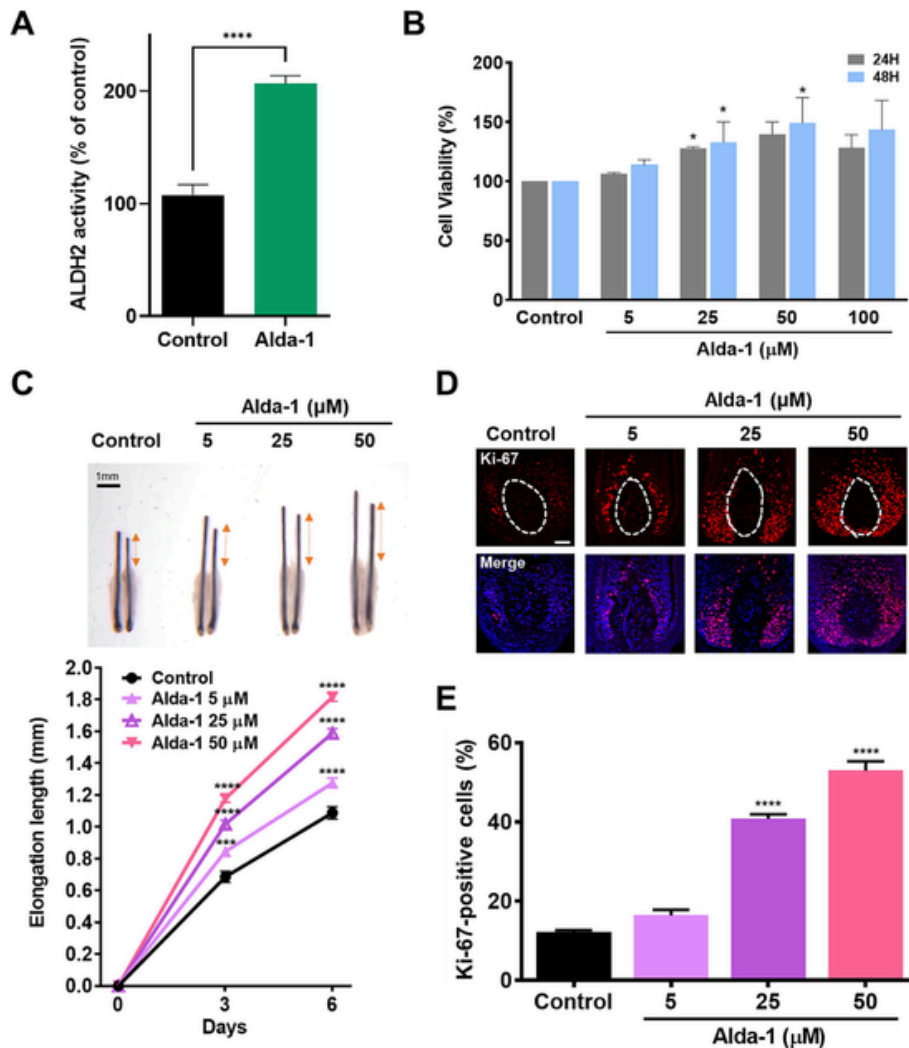
**Fig. 1.** ALDH2 expression in human HF. (A) Immunostaining analysis revealed distinct ALDH2 localization predominantly in the outermost layer of HF. The delineated region (dashed line) represents the ORS; scale bar = 100  $\mu$ m (Left and center panel). The right panel is the designated part of center panel magnified 5  $\times$  and then rotated anticlockwise. (B) Relative fluorescence unit (RFU) calculated using the Image J software. In the anagen phase, there was a higher ALDH2 fluorescence intensity than that during the telogen phase ( $n = 3$  technical replicates in ORS region of HF/group); statistical comparison was performed using an unpaired  $t$ -test; Data are presented as mean  $\pm$  SEM; \*\*,  $P < 0.01$ . (C) Higher ALDH2 expression levels in ORSCs than in DPCs are shown; scale bar = 50  $\mu$ m. ALDH2: aldehyde dehydrogenase 2, VDAC: voltage-dependent anion-selective channel, DAPI: 4',6-diamidino-2-phenylindole, ORS: outer root sheath, ORSCs: outer root sheath cells, DPCs: dermal papilla cells, HF: hair follicle.

lowing Alda-1 treatment (Fig. 2C). Furthermore, increasing the concentration of Alda-1 significantly improved the growth rate of the hair shaft.

Ki-67 is a widely used cell proliferation marker for the quantification of cellular expression levels during the anagen phase [26,30]. To evaluate cell proliferation, we performed Ki-67 IF staining (Fig. 2D). The number of cells exhibiting positive Ki-67 staining in the matrix region was increased in the Alda-1-treated group. Specifically, the groups treated with 25 and 50  $\mu$ M Alda-1 exhibited a significant increase compared to the control group. Upon treatment with Alda-1 at 50  $\mu$ M, a marked increase in proliferation levels was observed relative to that in the lower concentration groups. The proliferation levels in the control group were  $12.19 \pm 0.64\%$ , whereas in the 50  $\mu$ M Alda-1-treated group, they increased to  $52.96 \pm 3.29\%$  (Fig. 2E). These findings suggest that the Alda-1-mediated activation of ALDH2 promotes hair growth *ex vivo*.

#### ALDH2 activation in ORSCs induced ROS scavenging

The cell permeating  $H_2DCFDA$  is a widely employed probe for measuring ROS expression levels [31]. To determine whether ALDH2 acts as a ROS scavenger in HF, ROS levels were evaluated in ORSCs using  $H_2DCFDA$  after Alda-1 treatment. The unstained group was also evaluated to confirm the effects of  $H_2DCFDA$  on ROS expression levels. The results indicated that ROS levels were remarkably upregulated in each group after hydrogen peroxide ( $H_2O_2$ ) treatment. In the control group, peak levels of ROS were observed. After treatment with 5, 25, and 50  $\mu$ M Alda-1, a dose-dependent reduction in ROS levels was observed. There was no difference in the cellular form, but the number of  $H_2DCFDA$ -stained cells decreased in the presence of ROS (Fig. 3A). Moreover, in DPCs, which are sensitive to oxidative stress,  $H_2DCFDA$  fluorescence was attenuated in an Alda-1 dose-dependent manner, further corroborating the suppression of ROS levels (Supplementary Fig. 2). ROS level reduction in ORSCs was further confirmed using flow cytometry. The control group treated with  $H_2O_2$  and  $H_2DCFDA$ , in the rightmost position, had the highest level of ROS production.  $H_2DCFDA$  displayed a leftward shift in response to treatment with increasing con-



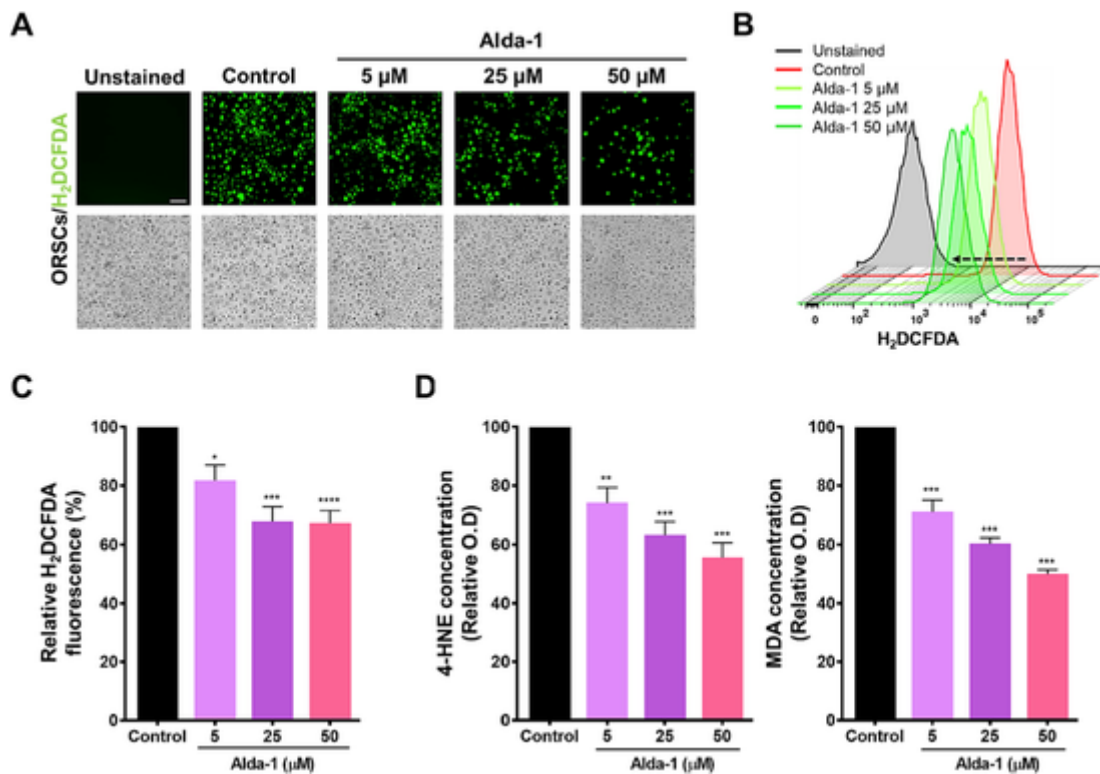
**Fig. 2. Alda-1 promotes ALDH2 activation in human ORSCs and enhances hair shaft elongation.** (A) Alda-1 treatment upregulated ALDH2 activation in ORSCs ( $n = 6$  biological replicates/group); statistical comparison was performed using an unpaired  $t$ -test; Data are presented as mean  $\pm$  SEM; \*\*\*\*,  $P < 0.0001$ . (B) Cell viability was higher in 25 and 50  $\mu$ M Alda-1-treated ORSCs than in the vehicle-treated control ORSCs. Statistical significance determined using a two-way ANOVA with Dunnett's test compared with the control group. \*,  $P < 0.05$  (C) On day 6 of *ex vivo* organ culture, Alda-1 treatment significantly increased human hair shaft elongation; scale bar = 1 mm ( $n = 40$  HF in total, with 8 HF/group from five independent donors); Statistical significance determined using a two-way ANOVA with Dunnett's test compared with the control group is shown as \*\*\*,  $P < 0.001$ ; \*\*\*\*,  $P < 0.0001$ . (D) Immunofluorescence staining to evaluate Ki-67 expression in the human HF bulb region; scale bar = 100  $\mu$ m. (E) Quantification of Ki-67 in the matrix region demonstrated a significant increase in Ki-67 upon Alda-1 treatment, with normalization to DAPI-stained cells ( $n = 5$  HF/group); statistical significance determined using a one-way ANOVA with Dunnett's test compared with the control group is shown as \*\*\*\*,  $P < 0.0001$ . Data are presented as mean  $\pm$  SEM. ALDH2: aldehyde dehydrogenase 2, ORSCs: outer root sheath cells, HF: hair follicle, DAPI: 4',6-diamidino-2-phenylindole.

centrations of Alda-1 (5, 25, and 50  $\mu$ M), which implied a dose-dependent reduction in ROS levels at the cellular level relative to the levels observed in untreated samples (Fig. 3B). ALDH2 activation in ORSCs resulted in a significant decrease in ROS levels compared with that in the untreated control group (Fig. 3C). This observation highlights the potential role of ALDH2 activation in mitigating oxidative stress and modulating cellular redox homeostasis.

The build-up of ROS, 4-HNE, and MDA aldehydes exacerbate cytotoxicity and oxidative stress. Moreover, Alda-1 enhances ALDH2-mediated detoxification of both 4-HNE and MDA [32]. Our results revealed a significant dose-dependent decrease in 4-HNE levels upon treatment with Alda-1. Likewise, MDA levels decreased post-treatment with Alda-1 (Fig. 3D), which suggested that Alda-1 scavenges ROS and aldehyde adducts in ORSCs, which are involved in hair loss.

#### *ALDH2 activation in ORSCs enhanced mitochondrial oxidative phosphorylation*

ALDH2 is essential for maintaining mitochondrial homeostasis and regulating mitochondrial respiration [33]. Therefore, we assumed that the activation of ALDH2 would increase the mitochondrial respiratory levels. The OCR was evaluated to determine the effect of Alda-1 treatment on the mitochondrial respiration rate in ORSCs. For the normalization of OCR, DAPI was used to quantify viable cells via image analysis (Fig. 4A). The number of ORSCs increased 24 h after Alda-1 treatment. The observed cell count in the control group was  $6637.57 \pm 774.73$  cells, and ALDH2 activation significantly elevated this number to  $8780.29 \pm 551.10$  cells (Fig. 4B). As expected, mitochondrial OCR was stimulated by Alda-1 treatment (Fig. 4C). Basal respiration was quantified by subtracting nonmitochondrial respiration. The findings demonstrated that ALDH2 activation significantly upregulated the basal cellular respiration (Fig. 4D). The maximum respiration



**Fig. 3. ALDH2 activation induces ROS scavenging in ORSCs.** (A) ORSCs treated with H<sub>2</sub>O<sub>2</sub> to amplify ROS in each group and subsequently stained with H<sub>2</sub>DCFDA are shown. The control group was treated with a vehicle, and the remaining ORSCs were treated with 5, 25, and 50 μM Alda-1; scale bar = 100 μm. (B) An Alda-1 dose-dependent reduction in H<sub>2</sub>DCFDA fluorescence intensity was observed using flow cytometry analysis; left arrow indicates the reduction shift of H<sub>2</sub>DCFDA. (C) Quantification of H<sub>2</sub>DCFDA in flow cytometry analysis revealed that Alda-1 treatment downregulated ROS levels in ORSCs (*n* = 5 biological replicates/group). Statistical significance was assessed using a one-way ANOVA with Dunnett's test. \*, *P* < 0.05; \*\*\*, *P* < 0.001; \*\*\*\*, *P* < 0.0001. (D) Following Alda-1 treatment of ORSCs, a dose-dependent reduction was observed in the levels of aldehyde adducts (*n* = 3/group). \*\*, *P* < 0.01; \*\*\*, *P* < 0.001. In panels C and D, data are presented as mean ± SEM; statistical significance was assessed using a one-way ANOVA with Dunnett's test and compared with that in the control group. ORSCs: outer root sheath cells, H<sub>2</sub>DCFDA: 2',7'-dichlorodihydrofluorescein diacetate, O.D: optical density, ALDH2: aldehyde dehydrogenase 2, ROS: reactive oxygen species, H<sub>2</sub>O<sub>2</sub>: hydrogen peroxide, HNE: hydroxynonenal; MDA: malondialdehyde.

in ORSCs was measured after treatment with the mitochondrial uncoupler FCCP. The maximal respiration was significantly increased following treatment with Alda-1 (Fig. 4E). These changes suggested that treatment with Alda-1 significantly enhanced the mitochondrial respiration.

The OCR is an indicator of oxidative phosphorylation (OXPHOS), a process that is responsible for ATP production in mitochondria [34]. ATP production was analyzed in ORSCs post-treatment with Alda-1. The results demonstrated that Alda-1 treatment led to a significant elevation in ATP formation (Fig. 4F). Taken together, these findings indicate that activation of mitochondrial ALDH2 triggers OXPHOS, which increases ATP production.

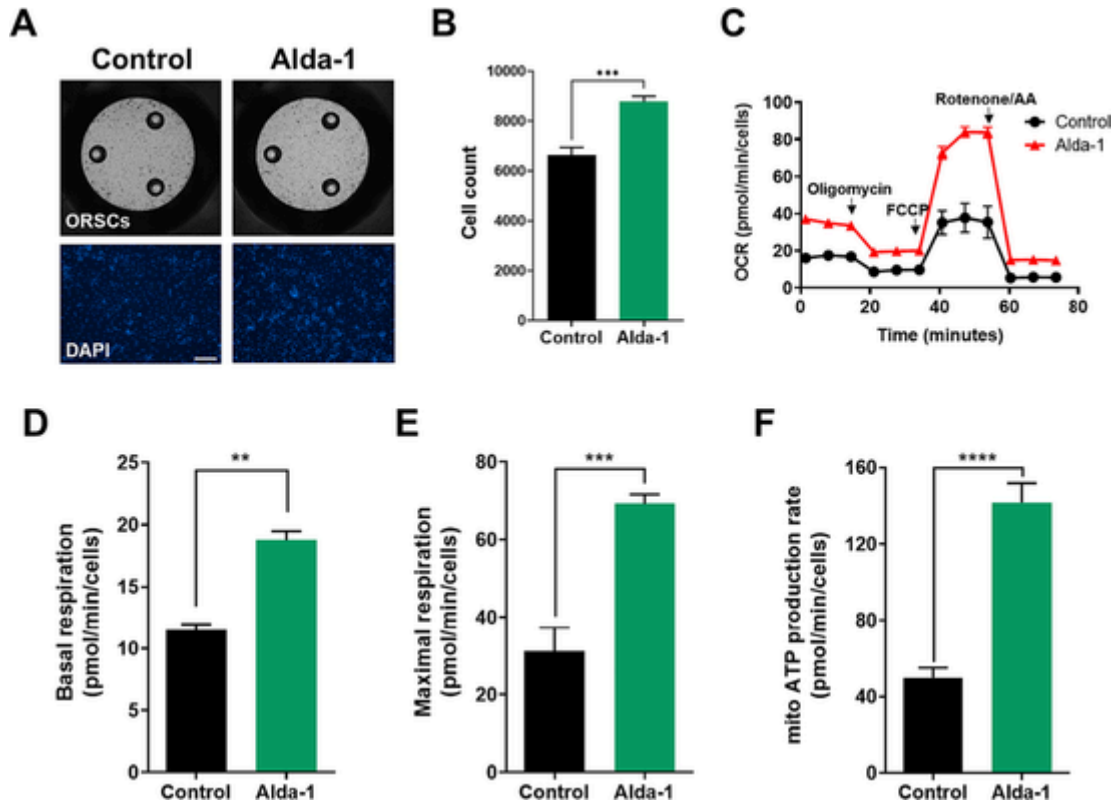
#### Activation of ALDH2 activated Akt/GSK3β/β-catenin signaling

Alda-1 administration resulted in the elevation of phospho-Akt, phospho-GSK 3β, and β-catenin levels in ORSCs (Fig. 5A, Supplementary Fig. 3). To identify the proliferation mechanism, we assessed the expression levels of phosphorylated Akt. A significant dose-dependent increase was observed in Akt phosphorylation following treatment with Alda-1. Together with ALDH2 activation in ORSCs, the phosphorylated GSK 3β ratio was elevated. GSK 3β phosphorylation triggers β-catenin degradation with inhibitory serine-phosphorylation. Concurrently, we observed upregulation of total β-catenin, which indicated the accumulation of β-catenin in response to Alda-1 treatment (Fig. 5B). To further confirm the regulation of growth factors by Alda-1 treatment, we employed human growth factor array (Supplementary Fig. 4). The analysis revealed that levels of basic fibroblast growth factor, fibroblast growth factor-7, hepatocyte growth factor, insulin-like

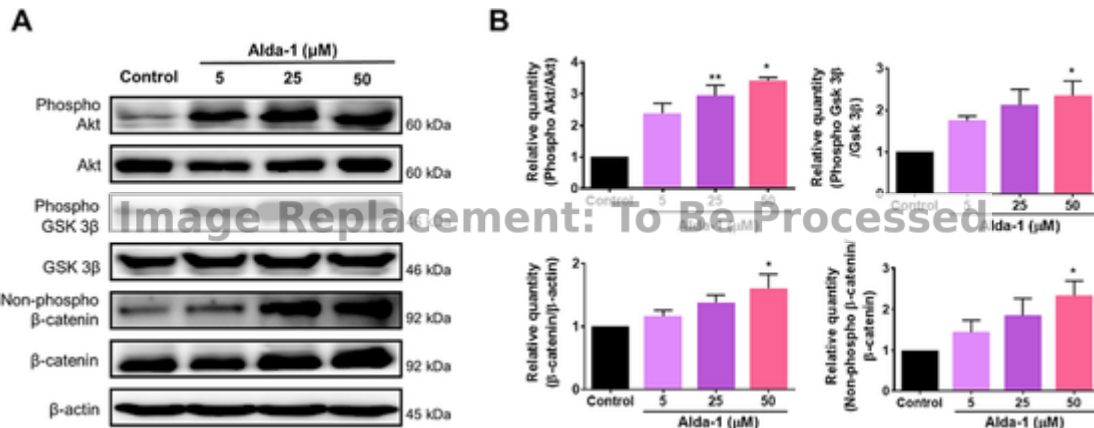
growth factor binding protein-1, insulin-like growth factor-1, platelet-derived growth factor (PDGF)-AA, and PDGF-AB were elevated following Alda-1 treatment. Collectively, these findings suggest that ALDH2 activation upregulates β-catenin levels and growth factors, thereby promoting hair growth. Thus, enhancing ALDH2 activity in HF cells causes a hair growth-promoting effect.

#### ALDH2 activation induced anagen in vivo

To investigate whether ALDH2 activation expedites anagen entry *in vivo*, 8 week-old female C57BL/6 mice were subjected to topical treatment with vehicle, 0.5 and 3 mM Alda-1, and Minoxidil as the positive control for 21 days. The 3 mM Alda-1- and Minoxidil-treated groups fully entered the anagen phase on day 21. We observed pigmentation and hair formation on the Alda-1- and Minoxidil-treated mouse skin. Histological sections showed anagen HF cells and increased skin thickness in the Alda-1- and Minoxidil-treated groups. Moreover, mice treated with 3 mM Alda-1 and Minoxidil showed observable anagen HF cells, whereas the control group treated with the vehicle had telogen HF cells. IF staining of DPCs in the Alda-1 and Minoxidil-treated groups showed expression of versican (Fig. 6A), indicating that HF cells were in the anagen phase [35]. Additionally, we investigated the expression of β-catenin, an anagen induction marker, through IF staining (Supplementary Fig. 5A, B). The skin thickness was significantly increased in 3 mM Alda-1- and Minoxidil-treated mice (Fig. 6B). Therefore, the anagen induction score, which is based on the morphology of the HF cells, in mice receiving Alda-1 treatment was higher than that in mice administered the vehicle. This score was comparable to that observed in mice treated with



**Fig. 4. Activation of ALDH2 enhances mitochondrial oxidative phosphorylation.** (A) Confocal images of ORSCs exposed to vehicle and Alda-1; scale bar = 100  $\mu$ m. (B) Cell count determined using DAPI-positive ORSCs in treated groups. (C) Changes in OCR after treatment with the vehicle and Alda-1. The OCR was normalized to that of the counted cells stained with DAPI. (D) Basal respiration and (E) maximal respiration rates determined using Seahorse Extracellular Flux in both groups. B–E ( $n = 7$ /group), \*\*,  $P < 0.01$ ; \*\*\*,  $P < 0.001$ . (F) Quantitative assessment of mitochondrial ATP production revealed a significant enhancement in response to Alda-1 treatment ( $n = 10$ /group), \*\*\*\*,  $P < 0.0001$ . In panels B, D–F, data are presented as mean  $\pm$  SEM, and statistical analysis was ascertained using an unpaired  $t$ -test. ORSCs: outer root sheath cells, DAPI: 4',6-diamidino-2-phenylindole, FCCP: Carbonyl cyanide 4-(trifluoromethoxy) phenylhydrazone, AA: antimycin A, ALDH2: aldehyde dehydrogenase 2, OCR: oxygen consumption rate, mito ATP: mitochondrial adenosine triphosphate.



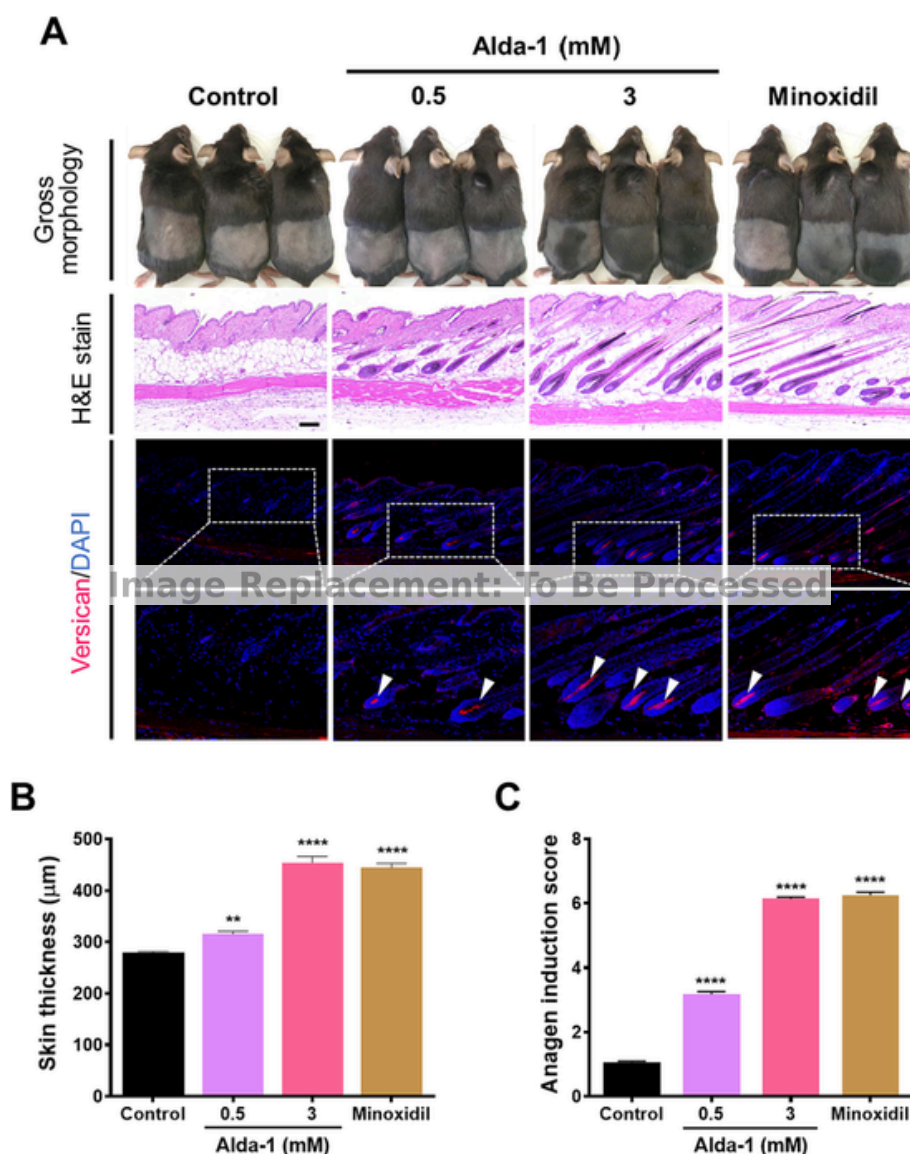
**Fig. 5. Upregulation of Akt/GSK 3 $\beta$ / $\beta$ -catenin signaling in ORSCs as a result of ALDH2 activation.** (A) Western blot analysis of Akt/GSK 3 $\beta$ / $\beta$ -catenin signaling post-treatment with 5, 25, and 50  $\mu$ M Alda-1. (B) Quantitative analysis to determine the relative levels of phospho-Akt/Akt, phospho-GSK 3 $\beta$ /GSK 3 $\beta$ ,  $\beta$ -catenin/ $\beta$ -actin, and non-phospho  $\beta$ -catenin/ $\beta$ -catenin ( $n = 3$  biological replicates/group). Data are presented as mean  $\pm$  SEM and were analyzed using a one-way ANOVA; \*,  $P < 0.05$ ; \*\*,  $P < 0.01$ . Akt: protein kinase B, GSK: glycogen synthase kinase, ORSCs: outer root sheath cells, ALDH2: aldehyde dehydrogenase 2.

Minoxidil (Fig. 6C). Collectively, these results indicate that Alda-1 treatment effectively induces the anagen hair cycle *in vivo*.

## Discussion

ALDH2, an aldehyde dehydrogenase, is known to be a detoxifying enzyme that accumulates through mitochondrial metabolism [36]. Mitochondrial ALDH2 is a ubiquitously expressed enzyme responsible for

oxidizing endogenous substances, such as 4-HNE and MDA, which are generated during oxidative degradation of lipids [37]. Dysregulation of ALDH2 is associated with the etiology of numerous human pathologies, including oncological, cardiovascular, musculoskeletal, metabolic, cerebrovascular, dermatological, and senescence-related disorders [32, 38–40]. Among small molecules, Alda-1 is a potent allosteric activator of ALDH2. It exerts its activating effect by binding in proximity to the terminus of the enzyme-substrate binding tunnel, consequently confer-



**Fig. 6. Topical treatment and activation of ALDH2 induced anagen *in vivo*.** (A) Gross morphology, histological sections, and versican immunofluorescence staining indicated anagen induction in groups of mice treated with Alda-1 and 2% Minoxidil, whereas the vehicle-treated group did not show induction; scale bar = 100 µm. (B) Skin thickness increased in the Alda-1- and Minoxidil-treated mice ( $n = 5/\text{group}$ ). \*\*,  $P < 0.01$ ; \*\*\*\*,  $P < 0.0001$ . (C) The mice treated with Alda-1 and Minoxidil exhibited increased anagen induction scores ( $n = 70$  HF/group). \*\*\*\*,  $P < 0.0001$ . For panels B and C, data are presented as mean  $\pm$  SEM, and statistical significance was determined using a one-way ANOVA. ALDH2: aldehyde dehydrogenase 2, H&E: hematoxylin and eosin, DAPI: 4',6-diamidino-2-phenylindole, HF: hair follicle.

ring structural stability to the enzyme [41]. The activation mechanism of Alda-1 involves both an increase in the effective concentration of the reactive moieties within the enzyme's catalytic domain and a constraint on substrate diffusion within the enzyme-substrate-binding tunnel following binding events [16,41].

The focus of this investigation was directed towards exploring the effects of ALDH2 on hair growth via scavenging of ROS. Mitochondrial ROS production is more significant in the outermost layer of the HF than in other HF regions, and mitochondrial function is critical for regulating energy metabolism and preventing oxidative stress-induced damage [6,42,43]. The ORS is an epidermal basal layer and an essential region for anagen induction that expresses ATP-binding cassette transporters involved in homeostatic processes, including lipid transport and cell differentiation [44]. Our findings suggest that ALDH2 is predominantly localized within the ORS and functions as a mitochondrial energy supplier in the HF. Despite the fact that glycolysis is the primary energy source in HFs [45–48], our investigation unveiled a multifac-

eted role of ALDH2, encompassing not only participation in glycolysis but also engagement in OXPHOS-mediated ATP production (Supplementary Fig. 6). However, further investigations are required to elucidate the mechanism by which the mitochondrial enzyme ALDH2 functions during the hair cycle.

Oxidative stress generates a range of reactive intermediates that surpass the capacity of the antioxidant defense system, resulting in cellular damage [13]. During ROS bursts, highly active lipid peroxidation byproducts are produced [19]. Free radicals are involved in the pathogenesis of hair loss [15]; hence, redox imbalance and mitochondrial enzyme dysregulation in plasma cause skin and hair disorders [11]. Moreover, oxidative stress induces premature catagen entry and causes hair loss [13,49,50]. This multifaceted process is further nuanced by the elevation in ROS levels, which acts as a catalyst for lipid peroxidation. This cascade culminates in the production of highly reactive aldehydes such as 4-HNE and MDA. The precise cellular implications of these adducts remain partially characterized, yet the propensity to engage with pro-



teins and generate cytotoxic adducts is recognized as a disruptive mechanism within cells [51]. A recent study uncovered a correlation between the elevation of 4-HNE levels and ROS production within human HFs [13]. Although our study did not investigate this aspect, the exploration of direct interactions between these reactive aldehydes and HFs, including the mechanisms through which they may induce the catagen phase, represents an intriguing direction for future research. ALDH2-mediated clearance of 4-HNE provides protection against oxidative stress-associated diseases, including stroke and alcoholic liver disease [33,52]. Our findings indicate that ALDH2 activation promotes the anagen phase by removing excessive ROS and harmful adducts. Furthermore, Alda-1 treatment induced the anagen phase by reducing excessive ROS and harmful adducts in HFs. This is in agreement with the results of previous studies showing that ALDH2 activation by an activator diminishes ROS production, which increases hair stem cell proliferation and inhibits hair regeneration [53].

We also investigated the effect of Alda-1 on HF growth through Akt/GSK-3 $\beta$ / $\beta$ -catenin signaling. Akt promotes cell proliferation, and its activity is regulated by phosphorylation [54]. Our findings revealed that Alda-1 treatment resulted in Akt phosphorylation in ORSCs, subsequently leading to GSK 3 $\beta$  phosphorylation. GSK 3 $\beta$  initiates  $\beta$ -catenin degradation through phosphorylation of specific serine and threonine residues, leading to its recognition by the ubiquitin–proteasome system for subsequent proteolysis. Moreover, GSK 3 $\beta$  inhibition prevents  $\beta$ -catenin degradation. The morphology and development of HFs depend on several signaling pathways. There is a notable upregulation of Akt and Wnt/ $\beta$ -catenin signaling pathways in human ORSCs during cellular proliferation [21,55]. One potential strategy for promoting entry into the anagen stage and treating hair loss is to increase the intracellular accumulation of  $\beta$ -catenin. Experimental evidence suggests that  $\beta$ -catenin is vital for HF formation, maintenance, morphogenesis, and cycling, with its deletion resulting in hair loss following the first hair cycle [56,57]. This observation suggests a possible mechanism underlying the promotion of hair growth by ALDH2 activation, highlighting its potential as a therapeutic avenue for the induction of anagen. The participation of numerous paracrine components in  $\beta$ -catenin signaling underscores their critical role in the promotion and preservation of hair growth, emphasizing the molecular complexity of HFs [58,59]. Further investigations are required to clarify how ROS-mediated activation of ALDH2 affects the signaling pathways involved in hair growth. In the current study, we used Alda-1 as an ALDH2 activator that efficiently scavenges aldehyde adducts. Future research will be focused on the intermediate mechanisms involved in oxidative stress and  $\beta$ -catenin modulation by ALDH2 in HFs.

Several studies have reported the genetic factors associated with hair loss [2,3,60]. A recent study revealed that *PPARGC1A* and *ABCC4* are essential genes involved in early onset female pattern hair loss (eFPHL) and regulate mitochondrial biogenesis related to ATP stimulation. In addition, two single nucleotide polymorphisms (SNPs) related to ALDH2 (rs59154828 and rs16941669) have been reported to be associated with eFPHL [3]. SNPs are useful for tracking the inheritance of disease-related genetic modifications and predicting the risk of developing certain diseases or drug responses in individuals [61]. This study explored the potential of ALDH2 activation in promoting hair growth and revealed that ALDH2 activation in HFs induces anagen. These findings indicate that ALDH2 is a potential pharmacological target, thereby signifying a promising direction for therapeutic interventions in the induction of anagen.

## Conclusion

This study explored the effects of ALDH2 activation on hair growth. Our findings demonstrated that ALDH2 activation alleviates oxidative stress via 4-HNE and MDA in ORSCs. Further experiments demonstrated that ALDH2 activation triggers  $\beta$ -catenin accumulation and sub-

sequently induces anagen. These findings indicate that ALDH2 activation could potentially represent a promising strategy for inducing anagen.

## Compliance with ethics requirements

The human study was approved by the Institutional Review Board of Seoul National University Hospital (2209-021-1356) and followed ethical guidelines. Animal research was approved by the Institutional Animal Care and Use Committee of Seoul National University Hospital (20-0166-S1A1).

## CRediT authorship contribution statement

**Seunghee Lee** : Conceptualization, Investigation, Data curation, Formal analysis, Writing - original draft, Writing - review & editing. **Jungyoon Ohn** : Conceptualization, Investigation, Data curation. **Bo Mi Kang** : Investigation, Formal analysis. **Sungjoo Tommy Hwang** : Investigation. **Ohsang Kwon** : Supervision, Conceptualization, Formal analysis, Writing - review & editing.

## Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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## Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.jare.2023.11.014>.

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